

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

August 2020

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Supporting our local businesses and community organisations has never been more important. The Eat Out to Help Out scheme is running throughout August...you can enjoy a 50% discount on food and drink from local cafes, restaurants and pubs.\* See page 2 and visit the link here to find out who is participating: <https://www.tax.service.gov.uk/eat-out-to-help-out/find-a-restaurant/> Together with our colleagues at Drystone radio we will give a shoutout to local venues. Looking for something really unique for the family to do? Check out Within The Wood, a new woodland experience based in Stanbury, where you can get back to nature and enjoy the delights of the countryside. (Page 6)

Bolton Abbey is the idyllic day out for everyone...pack a picnic, gather the family, including the dog...walk, paddle and pause! Stay safe, be well and enjoy August.

\*Terms & conditions apply

Editor Liz Barker

## Restaurants, cafés and pubs unlock local love



Look out for the \*Eat Out to Help Out scheme at a participating establishment to get a 50% discount on food or non-alcoholic drinks to eat or drink in (up to a maximum of £10 discount per diner, including children) every Monday, Tuesday and Wednesday between 3 and 31 August as many times as you like.

You don't need a voucher to use this scheme and you can use it at the same time as other offers and discounts. There is no minimum spend. You cannot claim discount on alcoholic drinks, takeaway orders or service charges.

**Are you a local business participating in the scheme?  
Get in touch with us about shout outs from  
Drystone Radio and the Aire Valley Magazine!**

01535 635392 [email@drystoneradio.com](mailto:email@drystoneradio.com) Aire Valley Mag: 01535 642224

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August 2020  
**LONG LIVE SUMMER!** by Lee Senior

Incredibly we are already approaching the final few weeks of summer. How on earth did that happen? In this year of ongoing turmoil it is rather a shame that summer cannot somehow be extended! Sustainable perennial planting schemes are generally my preference in gardens.

However, I have to say this year, the extra flower power of summer bedding plant displays has been a boost for everyone. Sunflowers are giving their best now and make a fine spectacle for children and adults



Small birds such as chaffinches love to eat the seeds after flowering too. If we have another long dry spell, one tip is to raise the mower blades or cut the grass a little frequently. This allows the grass to grow a little longer and stay greener. It will also cope better with drought.

The veg garden is still awash with fresh and tasty vegetables. Runner beans should be harvested regularly, before the beans become too stringy. Turnips are less woody and more tender when harvested small at golf ball size.

It is good practice to regularly pick most herbs routinely. This delays the flowering of the plants and stops them becoming leggy. Parsley is perfect for sowing now with a view to cropping indoors over winter. Seed germination is slow, taking up to five weeks. Grow the plants on, two per 4inch (10cm) pot.

One thing to keep an eye on now is for an outbreak of those familiar cabbage white butterfly caterpillars on our brassica plants.

The foliage can be destroyed in less than twenty four hours during bad attacks. Check regularly for any clusters of green eggs both on the tops of the leaves and underneath them. These can be spotted on the host plant and destroyed before they hatch. I use the finger and thumb method

to control small amounts though admittedly it is not one for the squeamish. Using fine netting over the top of the beds resting on hoops or supports remains the best organic control. Prevention as ever is better than cure.

Whitefly and aphids are also a prevalent pest. Again removing them by hand is a viable option in small spaces. If you resist using the chemical spray gun, ladybirds and larvae of hoverfly and lacewings can do a fine job mopping up these pesky pests.

After cropping has finished, our strawberry plants will produce young plants on runners. It is easy to use these to create a pot or strawberry barrel full of new plants for free. Simply peg down these young plants in a small pot of compost and detach them from the parent plant when they have rooted. Strawberry plants need replacing every three years to maintain worthwhile a harvest.

Lee Senior is a horticultural consultant. Lee is also an RHS Regional judge and 'Yorkshire In Bloom' specialist. Lee has written the local walking book 'Walking in the Aire' which is available to purchase via Facebook.

Email Lee at: [allotmentsguru@gmail.com](mailto:allotmentsguru@gmail.com) or for more information his website is: <https://allotmentsandgreenspaces.wordpress.com/>



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2020 will be a year to remember. We may be socially distancing and all the important measures are in place to keep you safe, but we can still serve up a comforting 'hug in a mug:' Latte, Mocha, Earl Grey, or perhaps a good ol' cup of Yorkshire Tea, whichever takes your fancy. Enjoy!

Happily some things remain the same: conversations over coffee with friends, creative meet ups painting pottery, full English breakfasts, stunning vegan options, homemade soups, stews, scrummy handmade cakes, in fact, all your favourites from our menu are reassuringly unchanged. Buddha Bowls have been added to the mix. You simply build your own dish from our daily changing colourful salads made from the best local seasonal produce and bursting with flavour. For example, choose from

roasted cauliflower salad, heritage tomato salad, giant couscous & pepper salad, orzo & sun blushed tomato, or beetroot & puy lentils. Add extras like olives, chilli flakes, spicy seed & nut mix, feta, house slaw, or pickled red cabbage. Eat in the cafe or we can box up your selection and you are good to go...Take it to the park for a picnic or enjoy it later at home for a healthy and convenient meal. Add a few cheeses from our new deli cabinet, perhaps a jar of delicious chutney and a dipping oil or two from our foodie larder and you are on your way to a veritable feast. We are participating in the Eat Out to Help Out scheme.\* Mon, Tues & Wed in August you receive a 50% discount, up to the maximum of £10 per person. \*terms apply.

Open 7 days a week, 8:45am-5pm. Please book ahead and we will reserve a table for you!  
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photos by Hannah Ellis and Rachel Garlick

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# Sudoku

1

	2	5	1	9				
	5	7					1	
	6	2			9			
6	8	5		2	3			
						8		2
	7	1	4					
7		1					5	9
				1				7
	3	4	9				2	1

2

2				3	6			
					8		1	7
		4			5			3
		7		2	9	1		
		1	3			9	6	4
	3	8			1			
	1		7	5				
		3		9				4
	4	9						7

3

	8			7				5
4	3			9		7		
7	9		6	3	8			1
	6				4			9
1	4							
	7				2		3	8
9						1		5
			5					
		3	9					

4

2	7							1
9			7		4			
6	1					3	9	
1		2	9			7		
		9				8	6	1
8			3					
7	8	5	2	3		1		
						2		
				5	6	7		8

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.

## Where in the Aire Valley? **COMPETITION**

Where is the **red x** located in the photo to the right?

This month's prize is donated by the  
Keighley & Worth Valley Railway:  
Day Rover Ticket

Email your answer including your name & address to: [mail@worthvalleymag.co.uk](mailto:mail@worthvalleymag.co.uk)

The winner will be selected from all correct answers received by 20th August 2020..



Last month's location was Silsden  
Optician Briggate, Silsden

Winner: Diane Sharpe from Keighley  
@Google Earth

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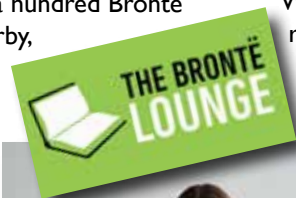


## Brontë Parsonage BEHIND THE SCENES AT THE MUSEUM

It's still a busy time behind our closed doors, despite the Museum still being closed to the public!

Last week, we held our first Brontë Lounge event – an evening with author Samantha Ellis held on zoom. We were joined by over a hundred Brontë enthusiasts: from nearby, from the rest of the UK and as far away as Mexico City, New York and Arizona. We will be programming more Brontë Lounge events later in the summer and into the autumn - to be sure to hear about them, please sign up to our mailing list at [www.bronte.org.uk](http://www.bronte.org.uk).

We are also busy preparing the museum for reopening and - fingers crossed - hope, that by the time you read this, we will have announced a reopening date and released the first batch of timed entry tickets. We are working hard to ensure that the museum will be a safe and welcoming place for both our visitors and our staff and will be sharing plenty of information to make sure that visits are enjoyable, relaxed and stress-free. To begin with, admission will be by pre-booked ticket only, so please keep an eye on our website and social media channels for the latest information. In the meantime, don't forget that our online shop is open at [www.bronte.org.uk](http://www.bronte.org.uk).



[org.uk/bronte-shop](http://www.bronte.org.uk/bronte-shop). In the last few weeks, we've posted out parcels to Utah, California and many countries in Europe. It's lovely to see how special the museum is to people from across the world.

We are able to cover the costs of reopening thanks to a grant from the Arts Council Emergency Response Fund and we are really looking forward to welcoming people back to the Parsonage. However, we have missed out on spring and summer income that would usually see us through the quieter winter months and because of this, we are still facing a

significant deficit by the end of the year. To help plug this gap, we have launched a Just Giving fundraising campaign at [www.justgiving.com/campaign/bronteparsonageappeal](http://www.justgiving.com/campaign/bronteparsonageappeal). We recognise that these are difficult times for everyone, but if you or someone you know may be in a position to give us some additional help at this time, then we would be enormously grateful. Your donation, no matter how small, will help ensure that we are still here this time next year.

On behalf of everyone at the Parsonage, thank you. We look forward to seeing you again (very) soon.

*Rebecca Yorke*

*Head of Communications & Marketing*

## Hello to our fellow residents and businesses

We are proud to be part of the community and we miss you all.

We are sorry that we remain closed but look forward to welcoming you back soon.

Until then, thank you for your understanding and support.

With love from everyone at the Brontë Parsonage Museum



Brontë Parsonage  
MUSEUM

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# 'BACK IN STEAM' SUMMER SPECIALS



It's been 52 years since the railway was saved and brought back to life by a group of dedicated, local volunteers. Today, our volunteers have shown true grit and determination again and have helped to pull the railway through a very difficult few months. With thanks to them and the generous support of everyone who has donated to our fundraising campaign, we'll soon be bringing back the steam.

As part of a phased re-opening, our 'Back in Steam Summer Specials' will be running on selected days from 19th August.

Return journeys will depart from Oxenhope, and will include a 20 minute break at Keighley where passengers can stretch their legs. Back at Oxenhope there'll be an opportunity to pose for photographs next to the engine.

We'll be using private compartments which seat one to eight passengers, and on Sundays we'll be running Vintage Train Sundays using vintage and First Class stock that's rarely used on the Railway.

Passengers have no contact with fellow passengers or staff in these compartments so face coverings aren't compulsory during the journey.

The Oxenhope Exhibition Shed has been transformed to a spacious waiting room where more engines can be seen up close. Here there'll also be a pop-up shop and café.

From 19th - 30th August, trains will run on Wednesdays, Thursdays, Saturday and Sundays. We'll also be running on Bank Holiday Monday (31st August). All trains will depart from Oxenhope at 10:00, 12:00, 14:00 and 16:00.

We understand that times may be hard at the moment, and so have priced our tickets depending on how many people are travelling in the same compartment. Passengers sharing a compartment must be part of a household or linked household.

How many people travelling	Price
Individual Person	£15
Two People	£20
Family of 3	£30
Family of 4	£35
Family of 5	£43
Family of 6	£50
Family of 7	£58
Family of 8	£65

On Sundays there's the option of upgrading to a First Class carriage for an additional charge.

### We're Good to Go

We've been working hard to make sure that the Railway's a safe place to visit. We're proud to have been awarded the 'We're Good to Go' industry charter mark as a result. This shows that we've worked hard to follow Government and industry COVID-19 guidelines. It means you can be sure we have processes in place to maintain cleanliness and safety.

Please visit the website for full details of our Summer Specials. Thank you to everyone who has supported us through this difficult time, we can't wait to welcome you back soon.

[www.kwvr.co.uk/back-in-steam](http://www.kwvr.co.uk/back-in-steam)

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[Youtube.com/c/KwvrUkRailway](https://www.youtube.com/channel/UCkwwrUkRailway)

# 'BACK IN STEAM' SUMMER SPECIALS

Make one of your first post-lockdown days out one to remember with a special steam-hauled journey through the Worth Valley.



Photograph by Chris King



- Enjoy a steam-hauled journey through the Worth Valley
- Book a private compartment for your family today
- Full line return journey from Oxenhope
- Visit the shop and café at Oxenhope Exhibition Shed

On Sundays we'll be running special vintage trains. Come see the older carriages in action, and First Class upgrades will be available.



**BOOK ONLINE NOW!**

Steam trains are returning to the KWVR every Wednesday, Thursday, Saturday and Sunday and Bank Holiday Monday 19th August - 31st August.

[kwvr.co.uk/back-in-steam](http://kwvr.co.uk/back-in-steam)



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Friday, August 28th 2020 at 7pm  
**Under the Hammer for Manorlands**  
at Cobbles and Clay 70 Main St, Haworth, Keighley BD22 8DP

Manorlands Hospice in Oxenhope is facing a huge funding shortfall as a result of events like the London Marathon, the Great North Run and many locally scheduled fundraising events being cancelled due to the Covid pandemic.

People can also tune in on Drystone Radio FM and on digital/Internet under the Worth Valley Community Radio banner, WVCR, with special hosts Terry Ross and Phil Higginson. WVCR is the fledgling sister to Drystone radio, the award winning station based in Cowling and broadcasting to Sipton, the Yorkshire Dales, Lancashire, Craven and Aire valley.

Local women Amy Firth, has asked businesses and individuals in the region to come together and join in this high ticket auction to raise money for the hospice. It will be a special occasion with heartfelt support from many in the community as Manorlands is held in high esteem and provides a valued service to residents far and wide. Limited tickets are available for the venue but there are no restrictions on the numbers joining via FB Live on the evening.

The Facebook event page will open for online bids from 1st August. A guide price will be added to each lot. Bids will be collated throughout August. On the evening of 28th August 2020, the auction will be streamed live via FB allowing people to join in the fun and submit any final or last minute bids.

Here is a taster of what you will find

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Go to Facebook and search 'Under the Hammer for Manorlands' to view the lots.



[www.sue Ryder.org/how-we-can-help/sue-ryder-manorlands-hospice/support](http://www.sue Ryder.org/how-we-can-help/sue-ryder-manorlands-hospice/support)



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I never would see through 'em  
Oh yes I look up to that girl  
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So yes, Ok, I don't like heights!  
I'm not scared to admit it  
But just last week a bullet came  
I'm pleased to say I bit it  
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And as I've only ten to do I paid with satisfaction  
Considering that, pane-for-pane  
Annette was earning plenty  
Until that fateful Wed-nes-day  
She put it up to twenty!  
And so I climbed that ladder  
I can scarce believe it yet  
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...  
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# Boikos from Babi

This is one of my favourite recipes. Boikos are little cheese pastries from the Balkans and they are not only delicious, they are easy to make using only minimal equipment and effort. In fact, the less you do when you make them, the better they turn out. Just keep the ingredients cold and it will work perfectly.

## Ingredients

- 100g plain flour
- 100g cold butter cut into small dice
- 100ml sour cream
- 4 spring onions finely chopped
- 80g crumbled feta
- 80g grated mature cheddar
- 2 tsp nigella seeds
- Good pinch of salt
- Milk to glaze

## Method

Pre heat oven to 220c/200c Fan/gas mark 7  
Reserve 1tsp of nigella seeds for garnish and then place all the ingredients in a large bowl. Use your hands to bring everything together until just combined. Lumps of butter and cheese in the mixture is what you want in this dough, when it bakes it will be oozy and delicious!

Place the dough onto a lightly floured work surface and then pat down or roll out to about 2/3cm thick. Using a small glass or biscuit cutter approx. 60mm diameter, cut out the Boikos and place on a baking sheet lined with parchment, repeat onto another tray as necessary. Scrunch the leftovers back together and repeat to use all the mix up.

Brush each boikos with the milk and then scatter with a few of the reserved nigella seeds.

Bake for ten minutes and then carefully turn the trays round, reduce the oven to 200c/180c fan/gas mark 6 and bake for a further 6/8 minutes until golden. Cool slightly and then devour!

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- Nathan from Babis Bakehouse  
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