

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

March 2019

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WORTH & AIRE VALLEY MAGS

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES

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All my spring flowers are bursting from their containers in the garden. We are basking in sunshine. In the back of my mind I'm reminding myself...there is plenty of time for snow yet, so enjoy these moments of bliss while they last.

Put the kettle on and sit in the garden with a cuppa; there's a fair bit going on in our valley and this month's magazine is full of interesting bits to read, do and see.

Read about local resident Diane Watts and her association with the Channel 4 'Hunted' star, Julie Clegg.

If you are a small local business don't miss page 13 as you will find details about **free** One to One training on Digital media.

Give us a call if you want to promote your business or event in the next magazine.

Have a great month! Liz



Editor Liz Barker



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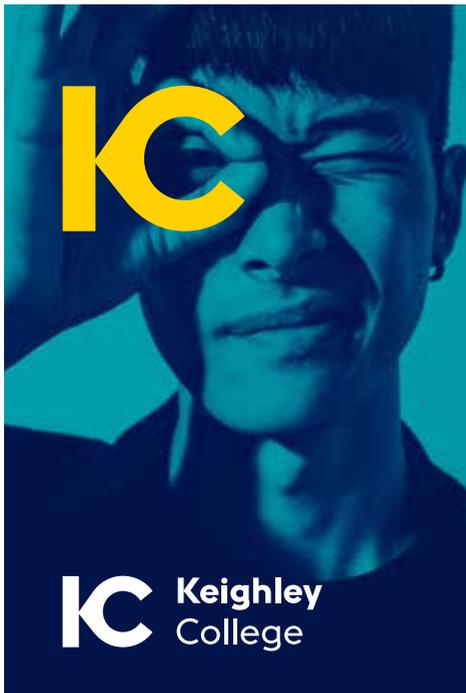
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- The payment of the Doctor's fees
- The payment of the Minister's fees
- The conveyance of your loved one into our Chapel of Rest
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"Life is short and there will always be dirty dishes, so let's dance." James Howe



"The only way to make sense out of change is to plunge into it, move with it, and join the dance." Alan W. Watts



For the last fifteen years Deryck Feather has been sharing the joy of dance with the local community, from Primary school agers to ninety-somethings, and everything in between.



"Any kind of dancing is better than no dancing at all." Lynda Barr

Gentle rhythmic movement is a proven way to keep one healthy and fit; what's more, it is a pleasant way to socialise and beat the winter blues. The Monday Tea Dance in Keighley is hoping to attract more participants. Why not come along and try it out? This friendly group will welcome you. No experience necessary, only a desire to have a go and enjoy yourself.

Above: Deryck & Joyce Feather dance together at the Monday Tea Dance "A two hour Tea Dance is the equivalent to walking three miles, and the weather is guaranteed to be pleasant & dry!"



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SMART HOME RENOVATIONS

YOU SHOULD INVEST IN THIS SUMMER!

Some home renovations are best enjoyed in the summer months — think sunlit mornings spent on a balcony terrace and family barbecues that spill from the garden to the conservatory.



Any home renovation is a large undertaking, both practically and financially, but scheduling your home improvement work in the warmer months gives you ample time to save in the quiet months following the New Year. We outline three wise home renovation choices. They all carry the label “smart” because of their long-term financial and lifestyle benefits.

Conservatory Roof Replacement: This first smart renovation requires you to already have a conservatory as part of your home. Opting for a solid tiled conservatory roof replacement helps you get the most out of this space throughout both the hot and the cold seasons. Many conservatory owners face the same problem: their conservatory is just too cold in winter and too hot in summer. You’ll enjoy multiple benefits. A space you can enjoy all year round and a roof which keeps unforeseen repair costs at bay.

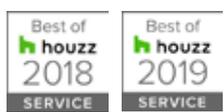
Eco-roof Roof Insulation: If your property has an attic conversion, room-in-the-roof, loft conversion or a vaulted ceiling, re-roofing and installing roof insulation is definitely a smart renovation choice. As homeowners, we don’t

always think too much about our roof, so long as it keeps out the rain and snow. However modern, innovative insulation systems such as our Eco-roof system ensure your property is cool in the summer and super warm in the winter giving you optimum comfort all year round. Also, modern skylights can transform your roof space into something really special.

Flat Roof Balcony System: A

balcony system is a luxury — but even so, it’s a smart addition, as balcony systems can seal the deal for a prospective buyer and boost your sale price by 12% on average. As balconies act as outdoor spaces attached to the most dominant space in your home — either the main living space or the master bedroom — they are a summer staple. With this in mind you’ll want to get your balcony installed in time for the sunny season to ensure that you can get the most out of it.

Check out **Pinterest** if you are looking for inspiration as you can find some stunning visual content. **For help and advice on any upcoming renovation or roofing project, call us today and we will arrange for you to discuss your project with our surveyor.**



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Where in the Aire Valley? COMPETITION

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The winner will be selected from all correct answers received by 15th March 2019.

Last month's location was Royal Mail Sorting Office, Keighley
The winner was Rachel Constantine, from Keighley.
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BAHAMAS BREEZE TO CARLISLE



Whilst some might sit back and relax after the 50th Anniversary celebrations last year, not us! We have just helped the Bahamas Locomotive Society re-launch their centre-piece locomotive, named "Bahamas", back into mainline service after a 25 year absence and with the help of a significant Heritage Lottery Fund grant. We ran two sell-out services from Oxenhope all the way to Carlisle. The inaugural run was on 9th February, which you might recall was a very stormy day. I nervously drove to Oxenhope from Settle in the morning to join the train for the on-time 8.15am departure, but had to pick my way through fallen trees and debris blown into the road. It wasn't entirely surprising, but was very disappointing, to hear that a tree had fallen onto the overhead wires at Steeton, so we were held at Keighley because of the obstruction. What is typical of our "can do" attitude and well-trained volunteers is that we were able to help Network Rail clear the tree and therefore helped re-open the Airedale for the usual service trains that had begun stacking-up when the line was closed. So only around 20 minutes late, we made our way to Skipton, then on to a water stop at Hellifield and another at Appleby, before steaming into Carlisle only a handful of minutes behind schedule thanks the magnificent performance of

"Bahamas". The only disappointment I heard on board from passengers was that one partner hadn't fully understood what they were being treated to when the name "Bahamas" as mentioned. With sleet and hail falling, and the dark night closing in as we returned, we were a long way from the Caribbean cruise that they might have been expecting, but it was a great experience nonetheless!

We ran the second excursion the following weekend, and the weather could not have been more of a contrast, with a beautiful clear blue winter sky overhead, the photographers out in force had a field day. Whilst many camera lenses and well-wishers all across the Settle & Carlisle line might have been focused on Bahamas' exploits, we continued to run a full service on the branch line, as we do every weekend and school holidays through the year. We are now turning our attention to our Spring steam gala (8-10th March), when visitors will be able to enjoy Bahamas hauling trains as well as visiting locomotives and special double-headed and demonstration freight services.

It won't be long until our programme of Haworth Haddock (fish & chip supper) specials recommence, with the first on April 27th; and new for this year is our Prosecco-tasting "Sparkle & Steam" (the first on 1st March) and "Scotch Flyer" (23rd March) whisky-tasting services. Of course, we continue with our usual programme of "Footplate Experience" and hosting Brontë Bar's "Gin Express" trains. With so much to see and do, I hope that you will join us on board soon, as we embark on the journey of the second half-century of Railway preservation.

KWVR Chairman, Matt Stroh

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This project is funded by the Good Things Foundation supported by The Princes Countryside Fund.

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We know that buying more Fairtrade cocoa can catalyse transformative change for farming communities. But we also know that we need to encourage others to do more to truly overcome the injustice at the heart of this much-loved product. And it won't happen unless the chocolate-consuming UK public demand it. Fairtrade supporters and community groups, along with companies and other decision-makers, are the key to making this happen. That's why the Fairtrade Foundation is launching a three-year

campaign which will concentrate efforts to go further and faster for farmers to achieve living incomes. The journey starts in Fairtrade Fortnight by focusing on the themes of cocoa (chocolate), women's empowerment and a living income. You can expect petitions, pledges and other actions over the course of the campaign. The main message to share in our community is simple: BUY FAIRTRADE CHOCOLATE!

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KEIGHLEY A TALE OF TWO BUILDINGS

This is a tale of two buildings off Lawkholme Lane in Keighley. One is the Keighley Drill Hall home since 1867 of local volunteers for the British armed forces. When it was opened at the height of the Victorian era, Britain ruled the waves and gunboats were despatched to all corners of the globe. Today young men and women still embark on careers in our armed forces from this hall and join perhaps the most professional military in the world. As the local MP I take no vote in the House of Commons more seriously than any which would commit them to action.

Twelve months before the opening of the drill hall, a few hundred yards up the same road, Keighley Rugby League Football Club started playing on a field. The next 150 years were full of ups and downs with the highlights being a Challenge Cup Final appearance in 1937 and Cougarmania when Keighley were the first club in England to bring razzmatazz to the sport. The club became part of the soul of the town which is why the recent news of a fresh start created such a sense of feel good.

My point is simply that over the last century and a half for Keighley and District, just as for our nation as a whole, so called 'soft power' has become as important as military might. Premier League Football,

British music from the Beatles onwards and the BBC are known throughout the world. In the same way all our local sports teams, Cliffe Castle, East Riddlesden Hall, the Keighley and Worth Valley Railway and the Bronte Heritage are very much part of our own identity and attract people both to live in the area and visit it. Everything we can do to strengthen these assets is a priority for me.

Cougar Park and the neighbouring Keighley Cricket Club could become a new sporting hub eligible for grants from a variety of sporting bodies. In Haworth we urgently need a replacement advice centre to assist tourists to replace the recently closed facility. The fight must continue against the incinerator which would overshadow and diminish East Riddlesden Hall.

Finally, we must continue to reinvigorate Keighley's parks with more events like the recent innovation of a Park Run at Cliffe Castle. For inspiration we need look only over the moor to Halifax which has reinvented itself in the last few years.



John Grogan
MP for Keighley

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Hunted star, Julie Clegg, signs copies of her recently published book in Salts Mill.

In her book, Julie writes, in reference to Diane, "Her professionalism and kindness shattered all of the impressions I had of detectives up to that point, which I only knew from detective novels, where everyone was hard-nosed and typically male. She was the most inspiring person I had ever met...because of the positive way she handled my case, and her incredible support afterward, I realised I wanted to spend my life helping people the way Diane had helped me."



Julie and Diane, working together again in support of child victims of crime.

Five years later Julie became a police officer and found herself working alongside Diane. She writes, "First she was my role model, then she was my mentor, then she was my peer." Following her career in the Police, Julie moved to Canada and went on to specialise in the investigation of cyber crime. Her book provides the insight and instruction needed to become successful in the field.

Amazon UK review * * * * *

"Stretching from policing in Yorkshire UK to reality TV with Hunted, Julie sets out a range of thoughts and, most importantly, clues as to what makes a good investigator. The most valuable part of the book is its reliance on the human side, morality, tension, and learning."

Purchase **How to Become a World Class Investigator** online: www.amazon.co.uk. Signed copies available at SaltsMill, Saltaire.

Oxenhope resident, Diane Watts, recently hosted the launch of the new book, 'How to Become a World-Class Investigator' at Salts Mill, Saltaire.

The author, Julie Clegg, is the cyber crime expert on the popular Channel 4 series, 'Hunted'. Julie is also an ambassador for the charity Embrace Child Victims of Crime. Diane is currently Embrace's Chief Fundraiser and Young Victims Care Officer for the North of the UK.

Diane and Julie have a history that goes back decades.

In 'How to Become a World Class Investigator,' Julie tells the story of her relationship with Diane and how their friendship was initially forged through very serious and harrowing events. Diane was a police officer in Bradford for thirty years and when she and Julie's paths crossed Julie was a victim of serious crime and only 17 years old.



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BEHIND THE SCENES AT THE MUSEUM

2019: Celebrating Patrick Brontë



To tie in with our celebration of Patrick Brontë this year, the Brontë Parsonage Museum is launching a community project to discover more about Haworth in the time of the Brontës and in doing so bring the history of Haworth to life. In last month's magazine, our Learning Officer Sue described how the decision to celebrate Patrick this year was one that we all felt enthusiastic about, but Patrick is not only the father of literary geniuses; he is indelibly linked with Haworth, having spent 41 years serving the parish, and so we want to take a closer look at Haworth this year. We all know that Patrick was a social campaigner who did much to improve sanitation in Haworth and thus transform the lives of his parishioners, but what do we know of the lives of these parishioners? During Patrick's ministry, from 1820 to 1861, Haworth witnessed fast growth and huge change. Our community project, 'A Strange land?': Haworth in the time of the Brontës, will allow us to discover more about the rapidly developing town served by Patrick, but particularly the people he would have encountered.

The project is open to all, so you can take part as an individual, a family, a school, a local business, a community group, Brownie or Cub! And the ways you can

get involved are numerous: if you live in an old property you can research your house and its occupants; you can research your own family tree if your descendants are from Haworth; you can adopt a character or a business to research (the tithe map provides names of residents and their occupation, whilst the graveyard is also a useful source of local residents!); you can investigate what it was like to be a child in the time of the Brontës and think about how our attitudes about childhood have changed, not to mention living and working conditions. The list is endless.

I look forward to learning more about Haworth's history, landscape and its inhabitants through uncovering the stories of Patrick's parishioners. There will be opportunities, as the project develops, to bring different groups together to share their stories, and hopefully we'll all learn a little more about each other along the way. **Patrick's birthday – fittingly St Patrick's Day – on 17 March is being celebrated in the Old School Room between 12 noon and 4pm and everyone is welcome to come along to eat cake and learn more about the project.**

If you can't join us on 17 March but want to know more, please contact me at diane.fare@bronte.org.uk or call 01535 640188

To advertise call Karen or Liz on 01535 642227



SARA REEVE PHOTOGRAPHY

Spring at the Brontë Parsonage Museum

THURSDAY 14 MARCH
National Social Prescribing Day
Free entry to visitors providing proof of residence in BD20, BD21, BD22 or Thornton

SUNDAY 17 MARCH
St Patrick's Day
Join us as we celebrate Patrick Brontë and his life in Haworth

SATURDAY 23 MARCH
Crime novelist Elly Griffiths in Haworth
For tickets and details of these and other events, please visit www.bronte.org.uk/whats-on.

Haworth, Keighley, West Yorkshire BD22 8DR
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Elly Griffiths

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Coconut & Cashew Curry



I love this time of year. Spring is bursting through all over. The snowdrops have been replaced by daffodils and crocuses, the birds are singing, and the days are getting longer. One thing I'm not so keen on, however, is the way the sunlight streams into my house highlighting my mucky windows and all the dusting I haven't done over winter;...a mammoth cleaning frenzy ensues. My spring-cleaning session also includes the fridge which, strangely enough, is the inspiration for this recipe!

A quick and simple curry that is perfect for any vegetables that need using up. I added sugar snap and garden peas, potatoes, kale, cabbage and spinach but you really can add anything. It's tasty and packed with goodness.

Ingredients

- 1 onion, roughly chopped
- 2 garlic clove
- 4cm ginger, roughly chopped
- 1 red chilli (optional), roughly chopped – remove the seeds if you don't like it hot
- Handful of coriander
- 15g coconut oil
- 2 tsp garam masala
- 2 tsp cumin
- 1 tin chopped tomatoes
- 1-2 stock cube
- 60g cashews, toasted and finely blended

- 50g coconut cream
- 200g vegetables
- 1 cup of basmati rice

Limes to serve

METHOD

Add the garlic, ginger, chilli and coriander stalks to a food processor and mix until smooth, then leave to one side.

Melt the oil in a wok or large frying pan over a medium to high heat. Add the onion and fry for 4 minutes, stirring regularly. Sprinkle in the garam masala, cumin, the paste you made and fry for 3-4 minutes. Pour in the tinned tomatoes, stock cube and enough water to create a nice sauce, bring to the boil.

Add the green veg and simmer for a further 2 mins, or longer depending on how crunchy you like your veg and season with salt if necessary. Finally, stir in the blitzed cashew nuts and coconut milk, sprinkle over the chopped coriander leaves and serve with rice or naan bread and lime.



Yorkshire born and bred, Amy Firth lives in the Worth Valley with her partner, 3 kids, Murphy the dog and several rescue hens. A life-long advocate for fairer food and farming, Amy is always in search of great veggie and vegan recipes which she shares on her Instagram page: @amy_firth78

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Sudoku Solutions

8	6	7	5	2	9	3	1	4
5	3	4	1	7	6	8	2	9
2	9	1	4	8	3	6	5	7
7	2	9	3	1	8	5	4	6
3	4	6	7	9	5	2	8	1
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3	2	8	5	4	1	9	6	7
9	4	7	8	6	2	3	1	5
6	5	1	7	3	9	2	4	8
2	6	9	1	7	5	4	8	3
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6	9	4	8	2	5	7	3	1
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COMMUNITY PAGES

Hot Aire & Fresh Aire Concert Bands meet **Saturday mornings at Cottingley Village Primary School** BD16 1SY. For time and more info www.hotaire.org

Mondays 1 -3pm Tea Dance at the Civic Hall, Civic Centre Keighley £2.50 inc tea & biscuits. **Everyone Welcome.**

3rd Monday of every month 1.30pm - 3.30pm Keighley Healthy Living run a **Wellbeing Cafe** for people with mild to moderate health needs and their carers. Afternoon tea with live music, fun, friendship for older people. **Central Hall, Alice Street, Keighley Keighley & District Photographic Association** meet on the 1st & 3rd Tuesday of the month at 7.30pm to 9.30pm **at Riddlesden United Reformed Church, Riddlesden.** Visit www.kdpa.co.uk for programme of events.

Every Weds until 3rd April 12.30pm - 2.15 pm is Keighley Beginners Computer Course at Keighley Healthy Living , 13 Scott Street, Keighley. More info and to book call 01535 677177.

Keighley Model Railway Club, Knowle Mills, South Street, Keighley, BD21 1SY Meeting every Tuesday and Thursday Evenings from 7.00pm until 10.30 Thursday afternoons, 12.45pm until 4.30pm & Saturday afternoons 1.00pm until 5.00pm Everyone is welcome.

Aire Valley Railway Modeller's Club, Melbourne House, Dalton Lane, Keighley, BD21 4LG. Meeting every Monday, Tuesday & Thursday night from 7.00 pm until 11.00 pm and Saturday afternoon from 1.00 pm until 5.00 pm, juniors over the age

Please support local trade

of 8 years old and accompanied by an adult, are welcome. Entry and exit by stairway only.

Keighley LGBT support group meet every 3rd Saturday of each month. **12 -2pm at Keighley Healthy Living Centre, Scott Street, Keighley** (behind the Library).

Keighley Library Knit & Knatter group meet every Wednesday 1pm-3pm. Beginners and experts alike.

Keighley Can Sing 2 - 3.30pm on second Sunday of each month (Term time only) at **Central Hall, Alice Street, Keighley BD21 3JD** A friendly singing group open for everyone.

Morton WI meet every second Tuesday evening each month Join us for a social evening with refreshments at the Institute in East Morton from 7.20 pm,

Every Tuesday & Thursday 10 am - 2pm Welcome Place Cafe at Shared Church Hall, Market Street, Keighley. Good food available to all. Eat Free or pay what you can. Friendship, support & information. Locally grown and donated produce cooked fresh. www.welcomeproject.org.uk.

Little Rascals Baby & Toddler Group meet every Thursday 10am - 11.30am at **Trinity Church , Fell Lane Keighley.**

Every Wednesday 10.30am Rest a while drop in Coffee Morning at Exley Head Methodist Church, Keighley. First & third Wednesday of a

month **10.30am Coffee Morning & Book Swap at Laycock Village Hall. Fri 8th - until Sun 10th March Keighley & Worth Valley Railway Spring Steam Gala.**

Thurs 14th until Sun 17th March Bingley Arts Centre - Dick Whittington Panto www.bingleyartscentre.co.uk

Sat 16th March Over the Mountain from Keighley to Queensbury 1.30pm at Cliffe Castle Museum. FREE talk arranged by the Cliffe Castle Support Group. The history of the old Great Northern Railway which linked Keighley to Bradford and Halifax. Booking is essential. to book your place please

either call in at Cliffe Castle Museum, telephone 01535 618231 or email: Cliffe.Castle@bradford.gov.uk

Sun 17th March 11am Keighley Moor and Newsholme Dean 7 mile circular walk (bring packed lunch) Meet Shabina Aslam outside the Turkey Inn, Goose Eye (near Laycock).

Mon 18th until 23rd March Saving Jason black comedy by Peter Quilter at The Keighley Playhouse. Trevor and Linda are at their wits end with their rebellious son Jason and his lifestyle of raves, booze and ecstasy tablets, so they stage his funeral, convinced that when faced with his own mortality, he will mend his ways.

Sun 24th March Music at the Museum - Bradford Festival Choir at Cliffe Castle Museum 2pm. .

Established in 1856, Bradford Festival Choral Society is one of the oldest and most exciting choirs in the North of England. Admission is free and there is no need to book, you can just turn up and enjoy. Donation boxes can be found throughout the museum and donations are always welcomed and appreciated.

Weds 27th March 10.30am Keighley Reservoir at Laycock 8 mile circular walk (bring packed lunch). Meet Malcolm Gardner at Laycock Village Hall for a walk through valley and Moorland.

Sat 30th March 9.30am - 4pm Saltaire Vintage Home & Fashion Fair at Victoria Hall Saltaire.

Sun 31st March Keighley BigK 10K & 5K Run 9am Victoria Park 10K and Lund Park for the 5K..

Sat 6th April 1.30pm Talk Tai Chi - From Martial Art to Modern Medicine at Cliffe Castle Museum.

Philip Sheridan and Helen Parsons will explain how studies show that the ancient Chinese form of exercise called Tai Chi is beneficial for both mind and body. The mind-body exercise has gained popularity over the past few decades. FREE event. Booking is essential. To book your place please either call in to Cliffe Castle Museum, phone 01535 618231 or email cliffe.castle@bradford.gov.uk.

Sat 6th April The Gin Express on the KWVR.

Bingley Medical Practice Patient Group PPG are offering FREE basic Life Support Training Courses CPR.

Contact Bingley Medical Practice 01274 568383 and ask for CPR Courses

Sudoku

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To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.



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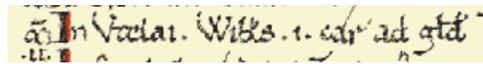
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HIDDEN WONDERS

As it was half term I took the opportunity to make the long, overly familiar journey down to see my sister, who has a farm in Pembrokeshire. Because we've recently bought a camper van (oh yes, we're free spirits, although not so much in Winter. Brrrr) I was slightly higher up than normal and saw loads of things I hadn't seen before. Strange chimneys, houses hidden away behind copses, small bridges leading to unknown destinations and, most astonishingly of all, a huge statue of an iron man behind a huge hedge. With my hand firmly clasped on my heart I can say I have never seen any of those things before in the 30 odd years that I've been making the journey.

This got me thinking about the places in this area that we travel past every day, but don't give a second thought to. Sometimes familiarity with an area means we switch off, and our minds just fill in the details as we travel blindly to our destination. Faces on Chimneys, inscriptions on walls, old tram tracks outside houses, statues, bridges that no longer accept traffic, World War Two relics and reminders of a world gone by are all there, if only we knew where to look.

This new, reinvigorated column will show you the deep, rich history that Keighley has. It will enable you to view it through fresh eyes and to see how layer upon layer of remarkable stories co-exist. I hope it gives you a better understanding of why I love Keighley and why there is so much of it besides the bits we think we all know.



Just to give you a taster of what is to come did you know that Utlei is actually mentioned in the Domesday Book in 1086. It was owned by a Viking named Vilts and was largely arable land. The name could either be because it was a 'ley' (a meadow) owned by Utta, or possibly because it was an outfield of Keighley. Without the aid of extra evidence we will probably never know for sure.

If you have any interesting items to share then please do email me at antony.silson@blueyonder.co.uk. as I'd love to hear about them.

Next month we'll be looking at some of the stranger inscriptions on the wonderful buildings we have around here.

Antony Silson



Antony Silson loves walking with his two dogs, has a vast music collection, watches a lot of films, enjoys cheese and lives in Keighley. His show airs on Drystone Radio Sundays 5-7pm

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Yorkshire Loft Ladders, Quality You Can Trust



These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where

to store it all? That's where Yorkshire Loft Ladders come in. The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder, 50 sq ft of boarding and a light all fully fitted in less than a day from just £277 + VAT. But it's not just the affordability of the package the company offers that makes Yorkshire Loft Ladders stand out as manager Mark Hodson explains: 'Our watchwords are Quality, Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers

are assured of the best job. Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overniding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!

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