

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2014

DISTRIBUTED **FREE** TO HOUSEHOLDS AND BUSINESSES  
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The heather has been especially beautiful this year and a fitting colourful flourish to end a summer punctuated by the stunning local landscape.

But don't rush in to autumn too quickly...be sure to savour every last drop of the sunshine. I'm told there will be a glorious Indian summer this month. Whatever the weather decides to do, make the most of September.

Leeds City College Keighley campus has a whole raft of courses and offerings, see page 16/17 for more details. If you are feeling fit and want to support a worthy cause, Diane, our distribution manager, is organising Wuthering Hike, a sponsored 10 mile walk to benefit Embrace, the charity that helps child victims of crime (see pages 18/19) Further along the Aire Valley Cross Hills makes a case for independent shopping and we bring you a photo round up from the successful Farnhill & Kildwick scarecrow festival.

As ever, lots to see and do. Have a great month! Liz



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Say you saw it in the Aire Valley Mag!

## COUNTRY COOKING & FORAGING FOR FOOD

For the promotion of Health & Wellbeing by Cath Bromwich



This summer I have been captivated by the simple flavours you can make by making syrups out of herbs, flowers and anything else you

like. Elderflower is the obvious one but I have also ventured to mint, rosemary and made a new type of lemonade the other day. Oh yes, and there was the rowan lemonade that I was going to try, I will get on with that! Someone suggested chive syrup but I was not sure they had got the idea about things tasting nice! The thing that I really love about making syrups is that you can capture one distinct flavour so effectively and it is really quite surprising to taste in a drink for the first time. A group I was working with had this experience with the mint syrup we created. We really were not sure whether it would be nice but found it very thirst quenching whilst standing over the fire that we had just been cooking on.

Additionally you can take one single flavour and add others. In this way you can make up a more complicated concoction and it is, for me, just taking cooking right back to being very simple. You are not even dealing with texture of a food, only flavour and that comes from the world around us in a natural form. So much of what we eat is complicated and at times unidentifiable; it is nice to be simple sometimes! I am off later this week to a gardening club award day to run a session on this subject. They will be given different syrups to taste and be asked to guess them. They will then be able to make different concoctions of their own. There is something very reminiscent of childhood in that and I hope they enjoy being creative with their senses.

Something else that is nice about making syrups is that you are capturing something of that season and can store it for a more

opportune time. This makes me feel very much like a squirrel preparing for our winter months! However in my household the nicest syrups do not very often last that long however much I make!

**Top tip:** Use your syrups in drinks or to add to deserts, pour on cakes, over pancakes or into sorbets and ice-creams. You can freeze them as ice-cubes if you want them to last longer and be available easily during winter, although stored in a bottle in the fridge they will last a good time.

Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses such as cooking on a budget and outdoor foraging and cooking experiences. She trained at Balleymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at [www.facebook.com/foragercathyorkshire](http://www.facebook.com/foragercathyorkshire)

### Syrup with any flavouring:

Full credit for this recipe goes to Darina Allen and is taken from *Forgotten Skills* published by Kyle Cathie



1 (450g) pint of cold water, 1 LB (600ml) sugar, a few sprigs of whatever herb you are using

(number of sprigs depends on how pungent they are). Put all the ingredients into a pan, dissolve the sugar, bring to the boil, simmer for 2 minutes, then leave to cool. To make lemonade decant 8fl oz (225 ml) of the syrup and add 3 squeezed lemons and approximately 1½ pints (700ml) water (still or fizzy) and ice. Taste and make it as weak or as strong as you like.

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## Keighley & Worth Valley Railway

**As we finish packing for our family summer holiday, it pains me to say this, but please let me be the first to wish you a "Merry Christmas."**

Whilst our volunteers have been preparing for this year's visit by Santa for many months already (he and his Pixies need to make sure that the children's gifts are delivered in plenty of time to avoid disappointment!), we had not appreciated that our passengers are planning just as far in advance. Following a number of requests, we have this year opened our on-line booking for Santa and have already received a high level of festive bookings. If you want to make sure you can travel on the Santa Special train of your choice, please visit the website and book early to avoid disappointment. Postal and telephone bookings will open later in September as usual.

The Railway was the first to make the link between the magic of Santa and the magic of steam trains, inventing the Santa Specials over 40 years ago, which so many other Railways now emulate (not quite as well, as you would expect me to say!). We

continue to try to be as inventive nowadays to deliver interesting and engaging special events. The now well-established Beer and Music real ale festival runs October 23-26th and the steam spectacular October 10-12th, but this year we are introducing another event: a Halloween Special on 31st October, where we plan to show passengers some of the scarier secrets of the Railway's history. If fright night is your thing, you can book your ticket via the website.

Events like these do not just run themselves and the amount of work that goes on behind the scenes is fantastic, especially when delivered by fellow volunteers, so we are already well-stretched, but we appreciate that we have to keep what we offer up to date with passengers' expectations, so I would welcome your ideas and suggestions for us to consider for future events.

**As ever, if you any comments, or are considering joining the volunteer team, please do get in touch: [matthew.stroh@kwvr.co.uk](mailto:matthew.stroh@kwvr.co.uk) and you can keep up to date with railway news via the website [www.kwvr.co.uk](http://www.kwvr.co.uk)**

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Will you join us this Halloween?  
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Keighley & Worth Valley Railway



Some of the numerous shops in the village . Shop Local Cross Hills is made up of independent retailers and service providers.

# Is Cross Hills set to become Yorkshires next Ghost Town?



Craven District Council announced on the 22nd July 2014 its plans to reintroduce car parking charges into the two council

car parks in Cross Hills, situated on Hall Street and Milligan's Field. This proposal was originally declined in both 2009 and 2013 due to the adverse effect it would have on the trading of the 50 Independent Businesses that are currently located on the High Street. The current proposals include that Milligan's Field Car Park (located at the Co-op) which has 70 car parking spaces, will incur charges between

the hours of 10am-4pm and will be the designated short stay car park. Hall Street Car Park, which is a 27 space car park, is to be the designated long stay car park.

As a group of Independent Businesses located on and near the High Street in Cross Hills 'South Craven Together' is understandably becoming increasingly concerned with the detrimental effect this new proposition will have within the community. "All we have to do is look online at other small towns that have introduced similar car parking schemes to see that in some cases there has been a 25% decrease in trade in the area. Even if Cross Hills were only to see a 10% decrease this would still see a deficit of hundreds of thousands of pounds lost." said a spokesman for the group.

In the short time since discovering the new proposals for the implementation of car parking charges in Cross Hills the group have put together a petition for both customers and residents to sign and give their views. Within three days 1398 signatures had been collected, no one declined to sign.

*Just a few of the comments and views included:*

**"It will kill local economy"**

**"It will kill Cross Hills trade as has previously happened in Bingley"**

**"This is not a tourism town, it's a community"**

There are currently 50 businesses on the High Street, 14 are new businesses. 33 part-time and 26 full-time job positions have been created within the last 2 years. All the businesses are independent and firm advocates for shopping locally, so much so that they have formed a group in order to help local collaborative initiatives.

South Craven Together was set up to promote and support the local businesses, services and groups within the community and to showcase the area as a vibrant, welcoming and useful resource for all. The Group firmly believe in the shop locally mantra and assert that it not only benefits

the individual, but also the community.

Shopping locally helps to build stronger communities by sustaining cohesive town centres; it helps to promote community wellbeing by linking the surrounding areas in both social and economic relationships, in addition to this it also means that revenue is kept within the area.

Support Cross Hills and shop locally!

## FORTHCOMING EVENTS IN Cross Hills

**Keep a look out for further details on facebook and in the shops for the upcoming Halloween Event. (more details in next month's Aire Valley Mag)**

**Save the date: Cross Hills late Night Christmas Event will be Thursday 4th December - Santa, Grotto, Businesses open late, kids event, mulled wine, food and lots of local offers.**





## Leeds City College Star Centre

A part-time Astronomy GCSE course, aimed at enthusiasts and amateur stargazers, is scheduled to relaunch this month in Keighley after some stellar results over the last two years.

16 year-old Cassie Barlow-Hall from Silsden was among the latest group of learners of all ages studying the GCSE part time at The STAR Centre at Keighley Campus, Leeds City College. She was over the moon after getting an A\* grade in August, which she hopes will help her fulfil her ambition of studying astrophysics at university.

The STAR Centre is a specialist science hub that uses space as a theme to encourage learners into undertaking STEM subjects – Science, Technology, Engineering and Maths. The GCSE course runs half-day a week for a year. Learning is in a small group size and

covers topics ranging from our solar system, to the history of astrophysics, the life cycle of stars and our place in the universe.

For Cassie, who heard about the course from a friend, it was studying the big bang theory and how the universe was formed that really captured her imagination. It is a subject she is keen to pursue further through maths and sciences A Levels and eventually at university: "The Astronomy GCSE was as interesting as I had hoped – it's a subject that fascinates me. The STAR Centre provided exciting surroundings in which to study and it was great to have such an enthusiastic tutor who knew the subject so well."

The course welcomes astronomy enthusiasts of all ages and with different levels of experience who are keen to explore their interest on a deeper level.

**Applications are open for the next part-time group for the Astronomy GCSE which will start in September and run for a half-day every Friday. For further details please visit [www.starcentre.org](http://www.starcentre.org), email [info@starcentre.org](mailto:info@starcentre.org) or phone 01535 685167.**

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# “I’ll tell you once and I’ll tell you briefly I don’t never want to go to Keighley”

*John Cooper Clarke –  
from the poem ‘Burnley’*

**Admittedly the name Keighley was only used as it rhymed with briefly, - Batley and flatly were also used, but I am sure the good people of Robert ‘Addicted to Love’ Palmer’s home town didn’t take it as much to heart.**

In the book ‘Crap Towns’ Keighley was listed as the 40th worst place to live in Britain, however to put things in context, London, Brighton and Oxford were all placed higher! Keighley often gets a negative reaction when you mention it to people from afar, but why? Is it really that bad? Is it a place where you are made to feel unwelcome or somewhere that has little to offer? Should we all just move somewhere else?

Well the answer is an emphatic **No.**

When the Tour De France came to town I think that the huge bicycles on hillsides, landart, Banksy-style stencils, and the contributions of the town’s different communities were amongst the finest and most diverse to be seen in Yorkshire.

Next, think of the heroic feats that are constantly undertaken in terms of fundraising for Manorlands Hospice, and the place that it holds in the hearts of local people. Now do you think Keighley might be something rather special?

In a nutshell, Keighley is not a place that likes to boast. We maintain a certain indifference towards this glorious, multi-faceted District of 90,000 individuals and in order to maintain our little secret we have to just nod and pretend that we are just, well, Keighley. You know, that place with easy access to both city and countryside and within reach of most areas of the UK.

We can pride ourselves on having the UK’s best beer in Timothy Taylor’s Boltmaker’s, there are award winning bakers and butchers, an abundance of nationally recognised restaurants catering for all different tastes and a range of independent shops. So if you need to eat, drink, buy or browse then you are more than well catered for in Keighley.

But most of all I love the area because of the hills, the rivers, the woods and the valleys. I can stand in the town centre and just look up to see green hills all around, and if I step out of my door I can, within minutes, can be somewhere that seems miles away from anywhere. If you have chance, drive up into the hills above the Aire Valley and just look down at the view. There is an awful lot going on down there and the people are kind, helpful and interesting. But don’t ask them what they really think of Keighley as it’s our secret.

Antony Silson

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# Farnhill & Kildwick Scarecrow Festival 2014



Farnhill & Kildwick Scarecrow Festival was very successful for a second year running with 46 creations on show.

£500 was raised and will be split equally between Manorlands and Yorkshire Air Ambulance.

"We had excellent support and turn out by locals and many thank to all the local businesses for sponsoring the event," said Dave Townend of the White Lion, Kildwick

Plans for next years festival are already underway.



**YOU IN FRAME**  
Photography

Images by Andy Wilkinson  
You in Frame Photography

## Where in the Aire Valley? COMPETITION

Where is the red x located in the photo to the right? ?  
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Last month's location was 'Ecology Building Society' on Belton Road, Silsden. The winner was Eileen Harker from Eastburn.

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## NEW PART TIME COURSE OFFER FOR 2014!

Here at Keighley Campus we believe that learning shouldn't be limited just to the academic school year – that's why instead of our courses starting only from the beginning of September – we have courses running throughout the year!

We offer a wide range of part time courses for adults many of which begin from mid / late September, plus we also offer courses starting in October, November and early 2015.

Our part time courses are suitable for those of all ages and abilities and allow you not only to learn new skills, but also to meet new friends and enjoy new experiences!

For many of our adult learners, coming to College is a life changing experience. But, don't just take our word for it, take a look at our inspirational stories...

*"When you're working in a job, you think your boats sailed. I always wanted to be a joiner but couldn't get into it when I left school as there were no jobs. I had to train as a butcher. I needed a change. I never knew I'd be able to do something like this. I'm not the same guy walking out who walked in here 3yr ago – I've learnt a lot and I'm more confident!"*

**K JUBB**

*"I always struggled at school and lost all confidence in everything I did. As an adult, I jumped from dead end job to dead end job and suffered from low self-esteem. I completed my Maths Levels 1 & 2, English Level 2, Business Admin Level 2, ITQ Levels 1 & 2 and Beauty Level 1. Attending College has given me so much confidence and a future to look forward to."*

**A CONWAY**

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# Wuthering Hike



**Next month Diane, the Aire Valley Mag distribution manager, is planning a 10 mile sponsored walk in the Worth Valley. The walk, now in it's 6th year, formerly known as Waggoners' Walk, supports the charity 'Embrace: Child Victims of Crime'.**

A retired police officer, Diane has worked with children and families whose lives have been devastated by the criminal acts of others. Over the years while serving in active duty Diane requested support from Embrace when children had been left motherless through crime.

Jack was only 8 years old when his mother was unlawfully killed. After working on the case Diane referred Jack and his grandmother, Margaret to the charity.

Embrace aims to create new positive experiences for children and young people and to put some joy back in their lives. Jack and Margaret were treated to a special trip to Disneyland in Florida along with others who had suffered in similar ways. Afterwards, Margaret said, "We'd all gone through it a bit, what with the court case and what have you. The case finishing is like an anti-climax and then your life starts again. In Florida we went to Seaworld to see the dolphins and the whales and Jack wanted to sit at the front because the children all knew they would get wet through. It was not until we met up afterwards that we realised we'd both been crying our eyes out. When it was all done Jack had been crying all the time and I had been crying all the time. It was so emotional; the music and the whales. I felt better afterwards as though there had been a release. Jack told me he'd missed his mummy. Maybe the show had been a trigger.'

Jack declared the whole trip 'Great!' and Margaret continued, 'He still talks about it and looks at the photographs. It was happy times. He thought of his mummy while he was there so it helped him in that way to talk about his mummy. I don't think he will ever forget it.'

Asked what the trip meant to her, Margaret said, 'It can make such a big difference to a family that has been through trauma. When you have a special time you keep going back in your mind to it and it gives you a lift. I never knew the police could be so kind because you do not hear about what happens behind the scenes. I've had my eyes opened. With what you go through you think they've got their conviction, everything is sorted and then you are forgotten. Well you are not forgotten. It is just good to know that they help the survivors.'

Seeing first hand the benefit of the charity's work, Diane made a personal

pledge to raise funds for Embrace so that there would always be money available for other children. So far, with the assistance of Worth Valley residents Mel and Rob from Oxenhope, and other friends, neighbours and police colleagues, both serving and retired, Diane has raised over £13,000.

This years walk has been aptly re-named the 'Wuthering Hike.' **It will start (and finish) at The Wuthering Heights Pub in Stanbury at 10:30am on Sunday the 12th of October, 2014.**

**If you would like to take part in the sponsored walk please contact Diane on 07970 720 068 or you can make a donation via [www.embracevoc.org.uk](http://www.embracevoc.org.uk) and mention the 'Wuthering Hike'**

\* The walk covers high ground and rough terrain so you must be in good health and fit enough to complete the 10 miles.

\* Good walking boots are essential, sticks if you like to use them and a raincoat if it looks like we'll need one.

\* Bring refreshments for the walk, also your mobile phone. You'll be able to buy a sandwich and cup of tea before you start and a meal at the end. There are also free refreshments en route.

\* A map of the route and detailed written directions will be provided on the day and the route itself will be marked.

\* It will be a great day, with every penny raised going directly to the charity.

\* There is no entry fee but the aim is to raise as much money as we can in sponsorship so please do your best.

\* Sponsorship money can be handed in on the day or later on to Diane, either as cash or as a cheque made payable to Embrace Child Victims of Crime.

To advertise call Karen or Liz on 01535 642227

# SUDOKU

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## Keighley Astronomy Society

Meetings are held on the **FOURTH WEDNESDAY** of every month at 6.30pm at 'Star Centre, Keighley Campus, Leeds City College, Bradford Road, Keighley. The meetings include programs presented by members or guest speakers, covering what can be observed during the coming month in the night sky. A study of the solar system, Galaxies and the universe. The Star Centre features its own Planetarium which we can use and a large lecture hall with audio visual display. [www.starcentre.org](http://www.starcentre.org)

### **Exhibition open every day until**

**Sun 9th November.** A Squash and a Squeeze: sharing stories with Julia Donaldson at **Cartwright Hall, Bradford.** Follow Julia Donaldson's journey from songwriter for children's television to former Children's Laureate. Follow in Toddle Waddle's footsteps, climb into the cave with Cave Baby and meet The Gruffalo. Sing-a-long to her songs on Julia's jukebox or perform a play on our stage. Children over 2 years are £4. Adults free with a paying child.

**Sept until Sat 13th Dec Haworth Ghost & Graveyard Walk.** Tour the historic graveyard beneath the belfry when the chilly east winds are still & the moor adorns her cloak of purple heather before the bleak winter returns, Saturdays, Sundays & selected Fridays. For further details see [www.haworthghosttours.co.uk](http://www.haworthghosttours.co.uk) or call 07906242819

**Fri 5th Sept and every Friday during term times** East Morton's baby & pre-school play group at **East Morton Institute. 9.45am - 11.15 am.** All



welcome. Cost £2 per family.

**Sat 13th Sept National Heritage Day at Keighley Shared Church, Church Street, Keighley 10am - 6pm.** Visit Grade II listed building, built 1848, designed by R.D. Chantrell. Display including parish registers going back to 1960, and memorabilia There is a Church trail for children. -

**Sat 13th Sept National Heritage Day at East Riddlesden Hall 10.30am - 4pm Free Entry** Friendly room guides help to bring the house to life and share the fascinating stories.

The romantic gardens are the perfect place to relax and unwind, while active families can enjoy our natural play areas and let off steam in our playground - there's even a Hobbit House to hide away in when things get too much. Tea room & Shop.

**Sat 13th Sept until Sun 21st Sept Saltaire Festival** including Spoken Word, Comedy, Theatre, Live Music, Craft Markets, Food Markets, and Exhibitions. Further info visit [www.saltirefestival.co.uk](http://www.saltirefestival.co.uk)

**Sun 14th Sept Skyride Local at East Riddlesden Hall 10am - 12noon.** Join Skyride Local for a ride from East Riddlesden Hall to Skipton. Get out on your bike and enjoy some company, get fit, meet people and enjoy the beautiful Yorkshire countryside. Meet at the bottom car park.

**Thurs 18th Sept Oxenhope Gardening Club at 7.30pm in**

### **Oxenhope Community Centre, Shaw Lane, Oxenhope.**

Timothy Walker, director of Oxford University Botanic Garden will talk about the inspiring herbaceous borders, glasshouses and plants from around the world that make up the oldest botanic garden in Britain. Admission for non-members £3. For more info visit [www.oxenhopegardeningclub.co.uk](http://www.oxenhopegardeningclub.co.uk)

**Sat 20th Sept & Sun 21st Sept 9.30am - 4pm. Saltaire Vintage Home & Fashion Fair at the Victoria Hall, Saltaire** 40+ stalls of vintage treasures including 50's frocks and Art Deco clocks, teapots and twinsets, oodles of jewelery, vintage toys and so much more. Refreshments served by Interlude Tea Room & Emporium, and music from the 20's to the 60's, Tickets for this event are a special price of just £2 (usually £3) on the door, or you can buy advance tickets for £2 from Rose & Brown (phone 07985 181120 or email [roseandbrownvintage@yahoo.co.uk](mailto:roseandbrownvintage@yahoo.co.uk)).

**Sun 21st Sept Badapple Theatre perform "Our Daily Bread"** at East Morton Village Institute. Tickets £10 contact 07777637363

**Sun 21st Sept Bronte Bike Challenge at Oxenhope Recreational Ground, BD22 9LY** This biking event has a routes suitable for all standards of mountain bike and cyclo-cross riders. There are three routes to

choose from called Charlotte; 27 mile extreme challenge route, Emily; intermediate route of 23 miles which was very popular in 2013. and Anne; beginner's ride of less rugged terrain, approximately 11 miles. The event starts and finishes at Oxenhope Recreation Ground with the Charlotte and Emily routes at 9.00am, then a 9.30am start for the Anne route.

**Thurs 24th Sept Oxenhope Antique & Collectors Society 7.30pm at Oxenhope Community Centre** Talk by Malcolm Oxley. Visitors are very welcome. More info call Jo 01535 645275.

**Sat 27th Haworth Car Boot Sale 8am -1pm at All Weather Sports Pitch, Acre Lane, Haworth, BD22 8DX.** For more info email [alan@haworthcarboot.co.uk](mailto:alan@haworthcarboot.co.uk).

**Sat 27th & Sun 28th Sept Haworth Craft Fairs 10am - 4pm** at Old School Rooms, Haworth (next to Bronte Parsonage).

**Sun 28th Sept Keighley Bus Museum Depot Open Day 10am - 4pm** at Riverside Depot, Dalton Lane, Keighley

**Fri 3rd Oct Quiz Night at East Morton Village Institute.** Teams of 6 people. pie & pea Supper. To enter call 07777637363

**Fri 10th Oct - Sun 12th Oct Steam Spectacular KWVR - Big Noisy 3 days of Festival & Steam.** A great day out for all the family. [www.kwvr.co.uk](http://www.kwvr.co.uk)

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If you like this recipe - we have lots of fantastic recipes to pick up for free in the farm shop to give you further inspiration for a whole range of fabulous, affordable treats using our great seasonal produce.



### METHOD

- 1 Combine cereal, oats, nuts, seeds, coconut and fruit in a large mixing bowl.
- 2 Heat the peanut butter, honey and vanilla in a small sauce pan until warm. Do not boil.
- 3 Pour the peanut butter mixture over the cereal mixture. Mix well while honey is still warm. I use my hands as they are the best tool for this mixing job!
- 4 Pour mixture into a 9x13 pan.
- 5 Pack the mixture down firmly with moist fingers or the bottom of another 9x13 pan sprayed with cooking spray.
- 6 The chocolate lover should sprinkle on the mini chocolate chips at this point and press them in firmly.
- 7 Cover with plastic wrap, and cool completely. Once cool cut into 24 bars.

These Granola bars will sit in the fridge for up to 2 weeks and they still taste great!

### Ingredients - Makes 24

- 2 cups puffed brown rice cereal (unsweetened)
- 2 cups rolled oats
- 1/4 cup roasted almonds, chopped
- 1/4 cup roasted sunflower seeds
- 1/2 cup shredded coconut
- 1/2 cup dried fruit, chopped
- 1/2 cup peanut butter
- 1/2 cup honey
- 1 teaspoon vanilla
- 1 cup mini chocolate chip (optional)

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Steve Edwards, Managing Director,  
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Four course Dinner Dance £23.50 includes a bottle of wine between two.

Disco 9.30pm - midnight. Call for details.

(usually on the third Saturday of every month)

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## Heather

You talk of pale primroses,  
Of frail and fragrant posies,  
The cowslip and the cuckoo-flower  
that scent the spring-time lea.  
But give to me the heather,  
The honey-scented heather,  
The glowing gipsy heather--  
That is the flower for me!  
You love the garden alleys,  
Smooth-shaven lawns and valleys,  
The cornfield and the shady lane, and  
fisher-sails at sea.  
But give to me the moorland,  
The noble purple moorland,  
The free, far-stretching moorland--  
That is the land for me!

Flora Thompson

## Sudoku solutions

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 8 | 5 | 9 | 7 | 4 | 2 | 3 | 6 |
| 7 | 6 | 2 | 3 | 5 | 1 | 9 | 8 | 4 |
| 9 | 3 | 4 | 6 | 8 | 2 | 1 | 7 | 5 |
| 4 | 2 | 3 | 8 | 6 | 9 | 7 | 5 | 1 |
| 5 | 9 | 6 | 1 | 4 | 7 | 8 | 2 | 3 |
| 8 | 1 | 7 | 2 | 3 | 5 | 6 | 4 | 9 |
| 3 | 5 | 8 | 7 | 1 | 6 | 4 | 9 | 2 |
| 6 | 7 | 9 | 4 | 2 | 3 | 5 | 1 | 8 |
| 2 | 4 | 1 | 5 | 9 | 8 | 3 | 6 | 7 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 9 | 7 | 6 | 2 | 5 | 3 | 4 | 8 |
| 5 | 3 | 8 | 4 | 7 | 9 | 2 | 1 | 6 |
| 6 | 4 | 2 | 1 | 8 | 3 | 5 | 7 | 9 |
| 8 | 7 | 5 | 9 | 4 | 6 | 1 | 2 | 3 |
| 4 | 2 | 3 | 8 | 1 | 7 | 9 | 6 | 5 |
| 9 | 6 | 1 | 5 | 3 | 2 | 7 | 8 | 4 |
| 7 | 1 | 9 | 3 | 6 | 4 | 8 | 5 | 2 |
| 2 | 5 | 6 | 7 | 9 | 8 | 4 | 3 | 1 |
| 3 | 8 | 4 | 2 | 5 | 1 | 6 | 9 | 7 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 7 | 4 | 2 | 3 | 6 | 5 | 1 |
| 4 | 6 | 5 | 1 | 9 | 8 | 2 | 3 | 7 |
| 3 | 1 | 2 | 5 | 7 | 6 | 4 | 9 | 8 |
| 7 | 8 | 6 | 9 | 3 | 4 | 1 | 2 | 5 |
| 1 | 3 | 4 | 2 | 5 | 7 | 8 | 6 | 9 |
| 5 | 2 | 9 | 6 | 8 | 1 | 3 | 7 | 4 |
| 2 | 4 | 1 | 7 | 6 | 9 | 5 | 8 | 3 |
| 9 | 5 | 3 | 8 | 1 | 2 | 7 | 4 | 6 |
| 6 | 7 | 8 | 3 | 4 | 5 | 9 | 1 | 2 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 2 | 1 | 5 | 4 | 8 | 9 | 7 | 3 |
| 9 | 3 | 5 | 2 | 7 | 6 | 1 | 4 | 8 |
| 4 | 8 | 7 | 9 | 3 | 1 | 6 | 5 | 2 |
| 2 | 6 | 8 | 4 | 1 | 9 | 5 | 3 | 7 |
| 1 | 7 | 3 | 6 | 8 | 5 | 2 | 9 | 4 |
| 5 | 4 | 9 | 3 | 2 | 7 | 8 | 1 | 6 |
| 8 | 5 | 6 | 7 | 9 | 3 | 4 | 2 | 1 |
| 3 | 1 | 2 | 8 | 5 | 4 | 7 | 6 | 9 |
| 7 | 9 | 4 | 1 | 6 | 2 | 3 | 8 | 5 |

please see page 20 for puzzles



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