# WORTH VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Christmas 09 & New Year 2010

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### RTH & AIRE VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES



Spotting Local Talent: Our cover Illustration is by Jake Cope-Smith, Santa's Flight Into a Fairy Tale Christmas Jake Cope-Smith teamed up with Mine in 2008: His work has featured on the 2009 Oxenhope

Calendar and marketing material for the Keighley and Worth Valley Railway. We are pleased to spotlight this talented local lad and wish him every success in his Career. jake.cope-smith@minecreative.co.uk

OfficeTel: 01535 642227 email: info@worthvalleymag.co.uk www.worthvalleymag.co.uk

Excitement is in the air. Christmas lights are twinkling throughout the Worth Valley and (surprise, surprise) the tree at the bottom of Main Street in Haworth actually looks good this year! (Thanks to our persistent local councillors.)

I have decided to take the stress and strain out of Christmas this year by ordering my baked goods locally. I can support local trade and relax in the knowledge that I will have scrumptious handmade cakes to serve family and friends when the time comes. (You will find a number of options available to you in the following pages...try one or all!)

I hope you have a wonderful festive season full of surprises and sparkling treats shared with loved ones.

The next edition will be out Feb 1st 2010.

Until then, be well and Have a Merry Christmas and a Happy New Year! Liz







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We would like to wish all Worth Valley Mag readers A Very Merry Christmas & A Happy New Year. (We hope you've been good & then Santa may bring you some nice pressies!)



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### Join us for our Festive Gathering Friday 11th December from 7.30pm onwards.

Cobbles and Clay welcome old friends, regulars and of course new faces for a glass of mulled wine and a bowl of Winter warmth either Chilli con Carne or Vegetarian Korma. Feel free to bring an instrument and create some festive cheer. Tickets £10 on sale now. Food and drink served all night. We hope to see you there.

Open Christmas Eve / Closed Christmas and Boxing Day

### Our next storytelling event will be held on Friday 22nd January and will be -Harsh Tales about the North of England.

There's something special about the North of England ... a hardness and a humour shaped by the often forbidding landscape and grim industrial history.Born in Lancashire, living in Yorkshire, storyteller Christine McMahon has

Legendary Jazz Saxophonist Snake Davis performing with Burden of Paradise Friday 5th February, 8pm tickets £20. Food served from 6.45pm.

that will get rid of the Winter blues vocals. duitars and saxophone merge to from a simply

incredible sound that defies genre and raises the bar for live music.

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from our own backyard. Why not paint a piece of pottery and wrap it up as a special gift this season? We have Christmas decorations to choose from and a wide selection

travelled the world telling tales; with

"Northern Grit" she brings her own

special warmth to gritty stories



Majesty The Que



Charbonnel et Walker has been established as Britain's Master Chocolatiers since 1875. In that year King Edward VII (then Prince of Wales) encouraged Mme Charbonnel to leave the chocolate house of Maison Boissier in Paris. He asked her to join Mrs Walker to establish a fine confectionery house on London's Bond Street.

Charbonnel et Walker are Royal Warrant holders and have been given this personal mark of recognition as tradesmen who regularly supply goods or service to Her Majesty The Queen. As Royal Warrant holders, Charbonnel et Walker are able to display the Royal Coat of Arm alongside their logo, provided they observe the Lord Chamberlain's Rules. This privilege is held by few other chocolate companies.

Charbonnel et Walker are renowned for using plain chocolate and only the finest dark couverture. All chocolates are truly English and hand made in the their facilities in Royal Tunbridge Wells.



We are pleased to announce the arrival of Charbonnel et Walker, producers of Englands finest chocolates and chocolatiers by royal appointment. We have a large selection of truffles, violet creams, parissienes and maple covered brazils, plus the drawing room box, a beautifully presented selection of milk and plain chocolates. Orders are being taken for hampers and our succulent fruit, Christmas cakes made from the very best quality ingredients and lashings of brandy. **Make this a Christmas to remember.** Christmas opening hours are Thursday through Sunday 12:30-6:00pm Christmas week open 21st 22nd and 23rd December; closed 24th to 29th, re-opening on Wednesday 30th.

The experienced chocolatiers have made chocolates at the factory for many years. All chocolates are handmade from traditional recipes using original moulds dating back to Mme Charbonnel's time.

You can now purchase Charbonnel et Walker chocolate at No.10 The Coffee House in Haworth. 01535 644694



### WINED AND DINED by Claire Smith No. 10 The Coffee House in Haworth



It's party time; time to dress the tree, decorate the house and get out your party frock. In the run up to Christmas the house sparkles and shimmers and excitement builds:

a tangible sense of anticipation hangs in the air, growing in intensity as the big day draws ever closer.

I have always loved Christmas, and though there are those who may not share my sentiments few of us escape the party season without some involvement, no matter how reluctant, in seasonal celebrations; gatherings large and small, involving the sharing and enjoyment of festive food and drink. Christmas celebrations symbolise a human propensity for the creation and sharing of joy. Throw yourself into it and you may be surprised at how much easier it becomes. You really don't have to drive yourself mad with worry, try to achieve masterchef status in the eves of friends and family, or spend a fortune. Keep it simple if that is what works best for you. Have fun with it.

Christmas is a time when we work with some of the most glamorous characters of the culinary world. Delicious dinners comprising of a starter perhaps, which awakens the tastebuds and leaves them panting for more; an opulent main course, succulent and savoury, taken slowly so that all the different flavours and textures may be fully appreciated and enjoyed, all followed by the divine divas of the desert world, adorned in chantilly cream frills or silken gowns of velvety custard, cheese and biscuits, coffee and mints or chocolate truffles and last of all liqueurs, which have a soothing and soporific effect upon our enraptured senses.

There will be drinks parties; glamorous gatherings of canapés and cocktails; slinky, sophisticated little bites which explode with flavour; crostini, prawn and cucumber chilli bites, blinis with smoked salmon and cream cheese or warm apple and Cheshire bites and delicious cocktails with which to wash them down.

A relaxed buffet style supper with friends works well (and remains relaxed!!!) if it includes a few cool customers- salads which can be prepared beforehand. Baby potato salad with smoked haddock and a creamy gruyere dressing falls into this category as do savoury tartlets which can be made before the event, served cold, or warmed just before serving. If all this sounds too much why not consider two one pot supper dishes which allow friends to help themselves and go back for more whilst chatting and enjoying each others company.

If Christmas entertaining means simply having a few friends or family members round for coffee and mince pies make the invitation extra special by offering an aromatic glass of mulled wine, moist chunks of brandy soaked fruit cake and melt in the mouth mince pies followed by as good a coffee as funds will allow (or even a liqueur coffee) accompanied by a beautifully presented bowl of chocolate truffles.

Whatever you decide, stay within your comfort zone and enjoy every minute; wishing you all the merriest of Christmases and a Happy and Healthy New Year.

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**David Binns Home Removals** 

**Beyond the Blue** by Ludorum of Cross Roads

Beyond the blue, beyond our view, Where silence reigns supreme, Where galaxies unfold their arms And human psyches dream.

An ocean, cold and fathomless, A temple dark and hollow, The distant haze, a spangled glaze, Yet beckons us to follow.

And all of time awaits us there. **Eternity complete!** While now denied you at my side, I promise, we will meet.

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Say you saw it in the Worth Valley Mag!

9



No 72. Cavendish Street has now been open for about 10 weeks. We have welcomed and enjoyed the company of approximately 20 mums or so in this time - bearing in mind that we only open twice a week for 2 hour sessions, we are delighted with how word is spreading!

On a Wednesday lunchtime or Thursday morning, No 72 is a little hub of activity - there are mums chatting, little tots playing on the brightly coloured rug and tiny new borns being fed. Delicious slices of chocolate cake or Victoria sponge oozing with cream are served with a cup of freshly brewed coffee or tea. The atmosphere is relaxed and peaceful.

A couple of mums-to-be are joining us in order to meet others in preparation for motherhood – some come just to chill and rest - others for friendship and support. IT IS JUST AS WE HAD HOPED.

If you are a mum and need somewhere to go in the middle of the week in Keighley, please do drop in and see us, sample our homemade cakes and just stop for a while and get your breath back in the middle of all that Christmas shopping - we would love to meet you and your little ones!





11

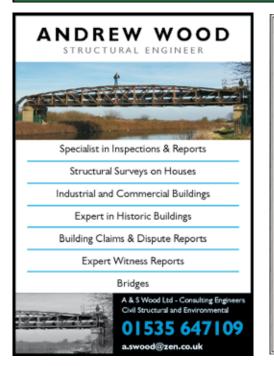


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# Seasonal Camembert Melt

A tasty and incredibly simple party dish to share which can be made in minutes and will disappear just as quickly! This is a really useful recipe to keep in your 🚽 apron pocket over the Christmas party season, and you can customise it to your own favourite seasonal flavours, or whatever you have in the storecupboard when friends drop in. Delicious with a small glass of port..... 1 round of camembert

2 tablespoons apricot jam handful of pecans or almonds a small handful of dried cranberries a small green chilli, de-seeded and finely chopped a baguette, sliced into 10 - 15 thin slices

Slice the camembert across the middle into two discs and place one slice, rind side down. on a pizza stone, baking tray or in a shallow ovenproof dish. Mix the jam, chopped chilli and cranberries in a bowl,

and spread half over the camembert. Top with some of the pecans Put the other disc of camembert on top, rind side down onto the iam mixture, and spread the remainder of the jam mix onto the cheese. Finish with more pecans. Arrange the bread slices around the cheese, slightly overlapping (a bit like a

big flower), and spray with a light covering of oil. If you haven't got an oil spray, just brush each side with a little oil before arranging around the cheese.

Pop into the oven at 180°C/ fan 160°C/Gas 4 for about 12 minutes until the bread is crisp and browned, and the cheese is meltina.

Now for the difficult bit: LEAVE IT ALONE for five minutes to let the flavours fully melt into the cheese, and then serve.

Nel Hargrave





Haworth - 103 Main Street - 01535 642007 www.thestirrup.co.uk





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CAKES Lucy Rushworth from The Weavers Restaurant in Haworth has been creating mouth watering puddings and cakes for a number of years. Now you can get the same delectable delights at your home. Take the pressure off yourself this season and let Lucy bake your holiday cakes and puddings. Choose from a wide range of treats made from the finest ingredients including allergy-free options, baked to perfection. Lucy Rushworth Tel: 07817 261236-Weavers Bar & Restaura

### TAKE CARE AND BE WELL

These simple measures will help ensure you have a warm and safe winter. KEEP WARM

Wear several layers of thin clothing and sip hot drinks throughout the day and wrap up well before going outside.

SLEEP WITH YOUR WINDOWS CLOSED Cold air on the head at night has been shown to increase blood pressure. Wearing the right clothing in bed is as important as wrapping up outdoors. STAY ACTIVE

Regular exercise generates heat and helps you to keep warm. Any activity, even vacuuming, improves your circulation and you will feel warmer. Keep moving at home to maintain body heat.

### STAY HEALTHY

Hot meals and drinks provide warmth and energy. Try to eat one hot nutritious meal every day and have a hot drink before bedtime. Get your free flu jab from your GP every year. The flu virus changes every year so get your jab EVERY YEAR. KEEP YOUR HOME AT THE RIGHT TEMPERATURE

Hang thermometers in the living room and bedroom and keep temperatures between 21 and 24 degrees centigrade (70 and 75 degrees Fahrenheit).

### HELPFUL NUMBERS

Age UK is the new force (from Spring 2010) combining Age Concern and Help the Aged. Their Free helpline is 0800 00 99 66.

Dial-A-Ride Keighley - offering door to door accessible transport for people who cannot use public transport. Call 01535 611101.

Courtesy of Ruth Moore at Worth Ability



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# RURAL MATTERS by Rachael Moore

dark brown face and legs.

These lads are primed up for a week

or so, then they get on their "Party

Outfit", as my mum calls it. This is

a harness that clips around their

crayon the size of a mobile phone

shoulders and chest, with a coloured

fastened to it. The idea being that the

farmer will be able to tell whoever he's

been dating, as they will be marked with

the crayon.

One lucky tup will

females to himself to

serve in the next few

have around 30

weeks. We used

to have one who's

pedigree name was

"Busy Boy" - quite

appropriate wouldn't

### It's Tupping Time!

Have you seen those sheep in the fields with coloured bottoms? Green, blue, red, yellow? This is a sign that the ewe (female sheep) has been "tupped" or mated.

It all starts at the end of summer when the 'Tup Sales' commence. The farmer looks for a fit, healthy tup (entire male

sheep) with good confirmation and good breed traits such as fullness of flesh in gigot (hind quarter) and a wide and well filled out loin. If you've come across such a fine animal, they stand proud to be head of the flock.

Popular breeds of tup in the Aire and Worth Valleys tend to be Texels. An all rounded breed with plenty of length and stature and has a white face. Its cousin, the Beltex, tends to be smaller, with a more prominent gigot. Then there's the Suffolk; a tight fleece, lengthy body and



you say?

The gestation period of a sheep is approximately 145 days / 4 <sup>3</sup>/<sub>4</sub> months. So, if the tups are "put to the sheep" on 1st November O9, lambs will be due around 25th March 2010. So, at present, we're in mid tupping season for the lambs to be due end of March.





**HEALING SOUND** 

by Andy Wood

The Ancient Greeks knew a thing or two about treating illness; doctors today still sign the Hypocratic oath, but Hypocrates would hardly recognise their techniques. Modern drugs; spare part surgery; diagnostic machines, we have come a long way; but what Hypocrates would recognise is the use of sound and music as a healing aid and the concept of treating the person not the illness.

Music is known to have been used to treat people with mental illness in Ancient Greece and there is evidence from around the world that sound was used for healing in even earlier times. The Neolithic chamber Maeshowe on Orkney and the Egyptian pyramids seem to have been built with sound in mind; Australian aborigines may have been playing didgeridoos for over 40,000 years; the ancient Chinese developed a system of sounds for every part of the body. There is evidence that healing, or promoting wellbeing has been a motive for the development of music in these and other cultures.

We are all made up of vibrating particles so it makes sense that vibrations will have a profound effect on our bodies and minds. We know from personal experience that music has the capacity to calm or excite. But can simple sounds be used in a healing way?

I have been studying and experimenting with therapeutic sound for several years and the people who have experienced my sound treatment are usually very positive about how it makes them feel. Mainly using didgeridoos, but also with metal "singing" bowls and gongs, vocal chanting and harmonics, I place people in a soundscape – surround them with sound. The treatment lasts up to half an hour and usually results in a deeply relaxed state.

Most of this is quite easily explained scientifically and accepted by many people; more controversial is the idea of intuitive healing. I cannot make any claims, I am not clairvoyant, I don't hear voices or see lights or colours, but many people have



asked after a sound session how I knew to go straight to where their pain was or why I lingered over a spot where they had had an operation. Based on their feedback I believe that sound does indeed have the power to improve health.

For anyone who wants to experience healing sound I am running a workshop at The Hope Centre in Hebden Bridge on 11th January 2010 with chakra toning and sacred song expert Susan Askey. Other workshops will follow in Haworth later in the year. For individual sessions phone 01535 647133 or email andy@pied-piper-pianos. co.uk



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# in the Worth Valley

Can you identify the building or landmark indicated by the red cross in this photograph?

Day Rover Pass

Email your answer to: mail@worthvalleymaq.co.uk The winner will be selected from all correct answers received by Jan15, 2010



The November winner was Tom Armstrong from Haworth. The correct answer was Haworth Cemetery.

### Google Earth ©

VORTH VALLEY MAN

### WEBSITE OF THE MONTH

www.uglychristmaslights.com



Every year thousands of people ignore the recession, global warming and good taste to entertain the rest of us with

several tons of festive lights festooned over their properties. uglychristmaslights.com is a stunning collection of photographs featuring the most outrageous examples of xmas xcess. With tips on how to take photos, a blog, forum and an archive of crazy snaps dating back to 2003 there's plenty to brighten up your day so sit back, relax and enjoy this homage to homes that you can probably see from the moon. It's Christmas - Las Vegas style!

Here is our alternative front cover for the month of December...Christmas Vegas Style from Haworth. (Though certainly not a contender for inclusion in this months uglychristmaslights

website : - ) The Worth Valley Mag would like to thank all those

involved in the Christmas decoration of Haworth and the surrounding areas... it is a splendid job and much improved on previous years. Here are a few other snaps from the area.







### **ALTERNATIVE WEBSITE** OF THE MONTH

toilet

### Toilet twinning is a new and unique way

twinning.org of supporting people for whom good, clean, safe sanitation is a luxury - not a given. CORD is working to improve water and sanitation in war torn Burundi. In the past year they've helped local people there to build 870 latrines, each benefiting family of six.

When you twin your toilet you'll receive a framed certificate to hang in your loo with; the unique number of the latrine it's location in Burundi and...the exact grid-reference so you can look it up on Google Earth. For just £60 you can twin Twin your toilet with a bog in Burundi to flush away poverty for just £60!



your toilet at home, work or school with a latrine in Burundi.

Your smallest room will be twinned exclusively with your own individual latrine in the remote Giharo Commune of Rutana Province.



Only your toilet will be twinned with that particular latrine.You can even locate your twin deep in the African bush via Google Earth!

To advertise call Liz on 01535 642227

The Photographic Oxenhope Scholars Foundation is now in its second year since its inception. The young local photographers within the Worth Valley.The funds are raised from the sales of

the Oxenhope Calendar. All of the images in

the calendar are produced by students and

of Cross Roads. The Foundation provides

students with mentoring and access to the

professional studio at Mine. The Calendar is

BD22 9DL. Delivery is available in the UK or

Worldwide. It makes a lovely gift and ensures the success of the Foundation for the future.

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the design work is produced by Mine Creative

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### It's all for Love.. Dear mums or mums to be...

no 72 is a warm and safe venue in which mothers can meet and have free refreshments in a central location. We know from personal experience that being a mum is far from easy and is potentially isolating. A meeting place such as ours can go a long way in bringing women together who can encourage one another. We offer a safe place for toddlers to play and mothers to feed babies, visit our website for more info...www.liliesofthevallev.org.uk

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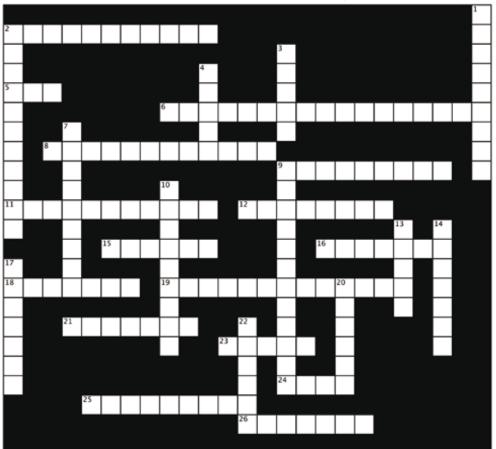
"Thanks to everyone who has shared in the Mine! spirit. We continue to love and support this community, which remains at our heart. It was a dynamic year with lots of change; but its been the best yet. Be part of our success story, let us support you in 2010 with our unique style and creative thinking"

Mine Creative, not doing dull since 2006



### CHRISTMAS CROSSWORD

Specially created by N. Hargrave for Worth Valley Mag readers



#### Across

- 2. they ring, are you listening? (11) 5. it sounds like there's a national service for this little helper!
- 6, she wrote the words for in the bleak midwinter (9, 8)
- bitsful landlord who sang to the shepherds (8,4)
   little porker goes with a big bird (9)
   traditional decorations, scratchy and itchy (5,3,3)

- 12. used to be known as marchpane (8)
- 15. reindeer also like nurvev (6)
- 16. Christmas herald with a home in Stanbury (7)
- 18. park up at the top, slip down for a sherry at the bottom
- (7) 19. Well, slap my thigh and call me Cinders, he might
- announce(8,4)
- 21. a reindeer like a circus pony? 7)
- 23. a reindeer like Halley (5)
- 24. shiny pointy tree topper (4)
- 25. a tiny piece of wintry weather(9) 26. a reindeer - again, like nurvey (7)

#### Down

- 1. saucy socks to dangle over the end of the bed (8)
- singing this in the evening defeats the object! ! (6,5)
   a reindeer like eros but roman (5)
- 4. a wonderful gift, the first of many, your right royal highness
- (5)7. a stable town? (9
- 9. slogan criers become Christmas knockers (5, 7) 10. Secret agents get chopped. They lost Santa and Dancer while baking Christmas nibbles (5,4)

- a reindeer like Mrs Fox(5)
   a reindeer like german lightening (7)
- 17. what the dickens a mean old man! (7)
- 20. a reinder like yussain bolt (6)
- 22. a reindeer like a kebab (6)

### AUTUMN/WINTER WARDROBE UPDATE from Nikki Carroll of Firth's Ladieswear

Whether it's elegance or full on glamour your looking for, this seasons trends will enable you to dress up as the occasion dictates. Winter 09 is all about clean lines and simple confident pieces, embracing

strong colours with modern sillhouettes.

It may be sequins, it could be leather, and it may well involve shoulder pads. (oh ves they're back with a vengeance, looking flattering and fabulous), this season is all about making a strong statement. Structure is back with tailored shapes that nod

to the 1980', so work a strong silhouette to show you mean business.

The casual look is all about chunky

knits and lavering like you just don't care, introduce a little tartan to compliment vour existing wardrobe and remember it's all about mixing fabrics with confidence. Animal print made a massive come back in Autumn/Winter 2008 (step down Bet Lynch!) and continues to be strong this season with the introduction of the much loved dog's tooth. If you're not brave enough to wear it, enhance your outfit with the many accessories available in this favourite print.

Sparkle gets an update, with pieces that can be worn day or night, to be honest, who cares which? razzle, dazzle as this seasons sparkle is not only for after dark, so be daring different and don't be afraid to mix bronze, silver and gold together to create that dynamic party look or enhance the old faithful black dress with a sequined bag and matching shoes. As an alternative, simply throw an edgy biker jacket over your prettiest frock and most important of all. dress as an individual!





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Say you read it in the Worth Valley Mag

### SHAKE, RATTLE, ROLL...

m driving through drizzly rain on the A64 heading towards York playing the new Foo Fighters album at full blast. Despite this my ten-month-old son, blissfully unaware of the experience that awaits us, is peacefully sleeping in the car seat next to me. It's a grey day and I feel a mixture of excitement and anticipation in my stomach. I've booked a free taster session

of a Kindermusik class. Not only am I curious to see what happens in these classes -I'm also wondering whether I could set some up myself back home in Keighley.

Lucas is awake and the satnav mercifully takes us right into the car park. The next minute we're exploring a box of fabulous looking instruments and other noisy, rattly, jingly things on the floor of a pleasant community hall. Although Lucas is happily engrossed it's time to move on to our welcome song. Each child gets his or her own

verse with their name in it and an action of their (or their grown-up's!) choice. A lovely touch. We bounce, stomp and wave our way through to the first activity.

Looking round the room there are young babies and preschool children of all ages with mums, dads, grandmas and childminders. I like the atmosphere and quickly feel very welcomed and at ease. Out come lots of brightly coloured scarves to shake and jig about when the music's fast and glide and wave when it's slow - babies too delight in scarves

being shaken and waved over their little bodies to the different tempos. Cath, our teacher explains how this activity helps with listening skills AND stimulates the vestibular system - the fluid in the inner ear that helps develop balance and coordination. Cor, value for money or what? Another activity: this time it's a large

parachute that gets the kids squealing

with excitement (little do they know they're building serious team work skills here). Next we're learning a catchy song using puppets. which Cath points out, along with the simple repetition, reinforces vocabulary and language skills. I get more impressed as a variety of other instruments and then tiny floating bubbles appear. Baby Lucas is enthralled with all his new discoveries!

Forty-five minutes have passed far too guickly and I leave feeling enlightened and totally convinced about the vital role music can play in a child's development. As for

Keighley - this was 18 months ago and I'm now fully trained and running my own successful classes. Why not join one?



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Thurs 3rd Dec. Haworth Village Association Open meeting. This will be held at The Old Old White Lion. Haworth, beginning at 6.30pm and will include a short presentation by Candy Squire-Watt the Bizfizz Coach for the local area. An open invitation is being extended to all businesses within the Parish boundary of Haworth, Cross Roads, Stanbury & Oxenhope. Refreshments will be available. 'The Haworth Village Association would like to wish everyone within the local community all best wishes for Christmas and the New Year and to express its sincerest thanks and appreciation to everyone for their ongoing support of its endeavours'.

Sat 5th & Sun 6th Dec. Panto Weekend in HaworthTime to enter the spirit of Christmas panto! Here's your opportunity to dress up. Prizes for the best dressed characters (both days). Parade starts 3pm on Sunday.

Sat 5 Dec. Oakworth Christmas Fair. 2.00

pm Holden Hall Oakworth. Tel. Janet 642625

Sat 5th Dec. Oh....Whistle! East Riddlesden hall. 7.30pm. Ghostly tales of Mr. James. Contact Samantha Lawson Tel.683800

Sun 6th Dec Haworth Craft Fair

10am - 5pm Bronte School Room (located across from Bronte Parsonage Museum)

Wed 9th Dec. OAP Information Fair (sponsored by the Keighley Elderly Initiatives Group) Have fun and find out what is available to you as a senior citizen. Wuthering Heights Pub, Stanbury 11:30am -2pm Includes free lunch of soup & roll, followed by cake, tea or cof-



fee. Information available relating to benefits, community project funding, "Seniors Show the Way", "Anchor Project", health advice and much more. Please let us know if you would like help with transportation. Contact Alison Eagle 665258, or Nicci at The Wuthering Heights Pub 643332 or Lesley O'Brien 648009

Wed 9th Dec. Carols in the Park. 7.00 pm Holden Park Oakworth. Tel. Janet 642625

Sat 12th Dec

A Christmas Ceildh in aid of Sue Ryder Care Manorlands Hospice will be held at Holden Hall, Oakworth and will feature music by the band Phoenix and a licensed bar. Tickets costing £10 including pies and pea supper are available from Brenda Atkins on 01535 646037.

Sat 12th Dec. Candlemass Eve Procession. Santa & Mrs Claus lead the torchlight processions down Haworth Main St with the Hooly Queen, bands, Morris dancers and choir for carols around the tree. Starts 3pm at top of Main St. Sun13th Dec, Haworth Craft Fair 10am - 5pm Bronte School Room (located across from Bronte Parsonage Museum)

Sun 13th Dec. The famous Torchlight Procession. Hundreds of torch and latern bearers plus bands and choirs process up the cobbled Main Street, Haworth for a traditional Carol Service in the church. Starts 5.15 at bottom of Haworth Main St Sun 13th Dec. Lights of Love Service in the Manorlands Hospice Grounds, Oxenhope at 4pm. Sun 13th Dec. Fresh & Organic Christmas market. Church green Keighley, 9am – 1pm. Producer sourced locally. 618252 Sun 13th Dec Civic Carol Service. Church Green Keighley 2.00 pm, 618252 Mon 14th Dec Oxnop Singers Open Rehearsal Carol Night

The Oxnop Singers present their traditional Christmas offering. Turn up and sing along to your favourite carols, and hear some less familiar ones, plus a mixture of the usual Oxnop Singers fare. Admission is free, with a charity collection for Riding for the Disabled. Refreshments provided.7:15pm. Oxenhope Community Centre

Sat 19th & Sun 20th Dec. Haworth Nativity Weekend. The final weekend before Christmas with the Nativity procession. Mary and Joseph wend their way up Haworth Main St in search of and inn for the night. Children and local choirs help create the real magic and meaning of Christmas. 2:30 - 3:30 **Sat 19 Dec. Carol Singing in Stanbury.** Join residents, friends & neighbours at the bus turning circle at 6 pm to walk through the village singing Christmas Carols - the more the merrier. **Sun 20th Haworth Craft Fair** 

10am - 5pm Bronte School Room Fri 25th Dec. Free Christmas Day Bus Services. Oakworth, Fell Lane, Ingrow, Braithwaite, Utley.

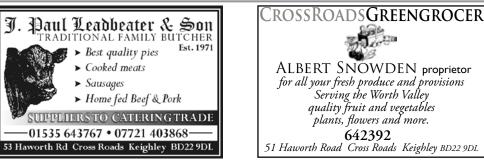
Sun 3rd Jan. Memorial Service for Canadian Air Crew. 2.00 pm Tewitt Lane Oakworth. Tel. Janet Armstrong 642625 New Year. New You! ... Yoga and Meditation classes with

Sheila Murrav

West Lane Baptist Church, Haworth Tuesdays: Yoga 11.15 am - 12.15 pm Meditation 12.30 pm -1.00 pm For more information call Sheila on 07799 437174



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Winter Day by Peter Cardwell Dusted with iron, the bare hills that enclose the valley remain silently there, where they are, timeless, and part of the lives that we lead.

Quiet, the apricot sky clutches a a small sun, a promise of frost, the evening star at nightfall, when the Aire Valley darkens, at rest.



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### CHRISTMAS UNWRAPPED By Peter Mayo-Smith

I remember the disappointment I suffered on my first Christmas in England. I was 5 and had been told it always snowed on Christmas Day. It didn't! For many Christmas can be like that. The long build up has started. Haworth's Father Christmas has made his appearance; the shops are decked out with Christmas decorations while the TV companies have started their build up to Christmas. It is exciting and then the great day arrives and flashes past leaving behind the cold turkey carcass and the decision about what to do with the unwanted presents. The reality is different from what the adverts tell us.

At Christmas we remember God's love for us when He joined us on earth to bring peace and harmony by showing us the best way of doing things. He came as a baby growing up to become a radical teacher who challenged the accepted thinking. We celebrate his death and resurrection at Easter.

Christmas is a 12-day celebration feast; a time for families to enjoy their time together; for those who are lonely to be cared for by their neighbours and friends. In some countries Christmas presents are given on Epiphany (the last day of Christmas that celebrates the arrival of those mysterious Eastern wise men). Imagine having to wait that long! (However, they may be very canny as one could take advantage of the New Year Sales and save a fortune!)

So this Christmas let's make time for our families and friends by enjoying their company over a meal simply valuing them for all the good things they bring us. We can plan for the future with optimism because although we know winter is to come Easter will arrive with the hope of new life.

Let's go green this Christmas by minimising the time spent in the shops maximising the time with friends and family. Yes, enjoy the food and drink and party together. Why not come to

Church, we would love to see you and for you to experience God's love. You never know it might be the best Christmas you have ever had. (Peter Mayo-Smith is priest-in-charge of Haworth and Cross Roads and priest with pastoral oversight of Oxenhope.)



WORTH & AIRE VALLEY MAGS COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES affordable, local, community spirited reach over 30,000 readers monthly from only £26.33 01535 642227 editor, Liz Barker: Liz@worthvalleymag.co.uk www.worthvalleymag.co.uk www.airevalleymag.co.uk

Say you saw it in the Worth Valley Mag!

**CAVENDISH STREE** 

KEIGHLEY

### TAX MATTERS

Don't Forget your tax return

Here we are into December and the 30 October deadline for paper tax returns has passed, but don't panic you can still file on line up until 31 January 2010. However, if you are not already registered for online tax return filing with HM Revenue & Customs you need to act now it can take a couple of weeks to complete the registration process. The HM Revenue & Customs web site address is www.hmrc.gov.uk.

Believe it or not there are a few advantages to filing on line including:-

- It is safe and secure with full encryption of passwords etc.
- Your tax is worked out automatically
- On line filing is processed quicker than paper returns so if you are lucky enough to be owed a refund of tax you will get it sooner.

• You can save what you have done and return at a later time to finish it off.

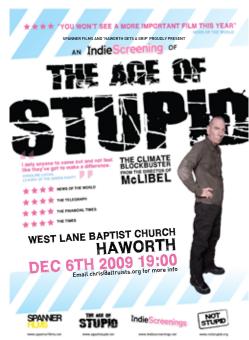
However, it is also worth remembering that the HM Revenue & Customs web site gets very busy leading up to the deadline which can slow it down, so it is better to act sooner rather than later. Information supplied by: Sean Warters, Certax Accounting





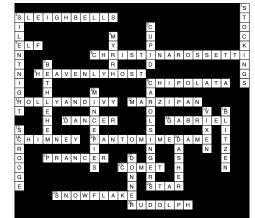


wishing you a MERRY CHRISTMAS and a Happy New Year



Tickets cost £2 to cover the licence fee. Oscar-nominated Pete Postlethwaite stars as a man living alone in the devastated future world of 2055, looking at old footage from 2008 and asking: why didn't we stop climate change when we had the chance?

### CHRISTMAS CROSSWORD ANSWERS







Thank you for supporting local trade

### DON'T WORRY – BE HAPPY

When we think of Christmas and the New Year, we think of celebrations, fun with our family and friends. But for many of us, Christmas and the New Year is a difficult time to cope. This time of year can put pressure on us in many ways: emotions, relationships, finances, alcohol, food, missing our loved ones who are no longer around, illness and other difficulties. Many of us can feel sad or depressed at this time of year and feel that we cannot cope.

One of the ways to cope with our struggles is to look at implementing stratergies and making lifestyle changes. But, how can we do this and who is there to help us?

Counselling may be able to help you. Counselling will give you the opportunity to explore, discover and clarify ways of being able to live more resourcefully and move



towards a greater well being.

The first session with a counsellor is called an 'assessment'. This session is to look at the problems, anxieties, concerns you have and to see if the counsellor is the right one for you. You, too, will be 'assessing' the counsellor.

Krysia Dodson MBACP (Member of the British Association for Counsellors and Psychotherapy – Accredited) UKRC (Registered counsellor with the United Kingdom Register of Counsellors) see www.bacp.co.uk for more information about counselling.

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Email: krysia.Dodson@btinternet.com www.KrysiaDodson.co.uk



# Highfield Motors

Family run business Highfield Motors in Oakworth continues to grow and invest in the future.

Earlier this year the garage had a significant refit and the forecourt was secured for car sales.

Owner Alfie Walker is delighted with the way the community has responded and is pleased to be offering a valued and useful local service.

The cars are fully inspected and checked by Alfie and his team prior to resale; many have full service histories and low to reasonably low mileage.





The cars turn over fairly rapidly due to the excellent range available and value for money on offer.

### **2010 begins with the addition of a new member to the team;** Wesley Dredge,a fully qualified mechanic.

Alfie aims to focus more of his attention to sourcing cars for sale, though he will remain fairly "hands on" in terms of the garage and diagnostics services.

Alfe, Alison, Aaron, Derrick and Wesley would like to wish customers, suppliers, friends & family a lovely Christmas and a Happy & Healthy New Year.

Many thanks for your custom & support



# **INSURANCE MATTERS**

Honest & impartial advice by Alison Jenkins of Veritass

As you are probably aware, there has been a lot of publicity in the press about fraudulent claims or 'crash for cash' claims.

We have had an incident reported to us recently, concerning an accident at a local roundabout, which, although not proven, would appear to be a scam claim.

Typically, in 'crash for cash' scams, the fraudsters drive to busy roundabouts, road junctions or slip roads and then perform unexpected and unnecessary emergency stops designed to cause innocent members of the public to crash into them.

There are things that motorists can do to protect themselves from this type of scam and the Insurance Fraud Bureau offer the following advices: %If you feel that somebody is following you or driving erratically in front of you, particularly as you approach a roundabout, give the vehicle as wide a berth as possible

謎In the event that you are involved in an accident and are suspicious of the circumstances:

※Record as much detail as possible at the scene e.g. full names, addresses and dates of birth of the

claimants. Remember to make a note of the number of people in any other vehicle involved.

If possible use a disposable camera or mobile phone to take photographs of the car, drivers, passengers and accident situation from every angle. However, be vigilant and do not put your own personal safety at risk. ©Get full names and addresses of any witnesses at the scene of the accident, if at all possible. ©Make sure you tell your insurer in the first instance and highlight your concerns. If you have specific information on who might be involved call the IFB confidential helpline, free of charge, on **0800 328 2550** or report it online at www.insurancefraudbureau.



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It has a creamy colour, and a creamy texture. The cream is marbled with a wonderful tasting blue vein that leaves a lingering salty aftertaste. Known as the King of English cheeses and famous throughout the world for its unique flavour there is nothing that can quite equal a really good Stilton. If you have had a harsh or crumbly cheese in the past it has been mistreated in some way by either being kept too cold or by being vac-packed which can alter the flavour or texture.

Stilton is the subject of a PDO which says you can only call your cheese Stilton if it is made following a prescribed method and within a defined geographical area around Leicestershire. Until recently it was thought that the cheese was never made in Stilton, Cambridgeshire but gained its name as it was served in the Bell Inn which is a coaching inn on the road from London to the North. Only last month the Stilton Cheese Makers Association has acknowledged proof that the cheese was in fact made in Stilton.

The blue is made by puncturing the cheese with stainless steel needles (Its a myth that the needles are made of copper). No farmhouse stilton has been made since the 1940s, but the size of creameries varies hugely, with Colston Bassett being the smallest. Here they hand ladle the curds to keep a creamy texture and it had only 2 managers between 1902 and 2000 so it has followed a really traditional approach to making Stilton. Making Stilton is an art, and one early maker remarked that they were 'more trouble than babies... apart from the noise'. Give it a go this Christmas with a glass of port.

Graham Williams, The Cheese Place



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# Afternoon Tea at Ashmount

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