

# WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Sept 2012





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Moon over Watersheddles Reservoir above Ponden seemed an appropriate cover to choose for the magazine this month in homage to the hero of 20th century exploration, Neil Armstrong. We especially appreciate his family's official public statement about his death and echo their sentiment:  
"While we mourn the loss of a very good man, we also celebrate his remarkable life and hope that it serves as an example to young people around the world to work hard to make their dreams come true, to be willing to explore and push the limits, and to selflessly serve a cause greater than themselves. For those who may ask what they can do to honor Neil, we have a simple request. Honor his example of service, accomplishment and modesty, and the next time you walk outside on a clear night and see the moon smiling down at you, think of Neil Armstrong and give him a wink." Special thanks to Oakworth

resident and photographer, David Driver, for providing us with the evocative cover. (To learn more about David and his work please visit: Hobcote Studios Oakworth www.hobcotestudios.co.uk)

For discoveries and explorations in and around the Worth Valley see pages 26 & 27 for our community events and local happenings.

Fingers crossed for fair weather for Kris Hopkins' Community Cricket Event at the Oakworth Cricket Club in aid of Manorlands on Sun Sept 2nd. at 1pm. See Andrew Wood for more details...all are welcome. andrew.wood@suerydercare.org. At the same time, Oakworth Football Club is hosting a charity fundraiser at their grounds on the former Bronte School location. Please support these worthy community events.

Maybe we will experience an Indian Summer. Have a great September.



Liz Barker

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from pre-school through to Year 13 in reading, spelling, comprehension, english and maths. While the primary focus is to improve or extend a child's learning outcomes, the real value in attending a Kip McGrath Education



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# WINED & DINED with Claire Smith from No.10 The Coffee House



Some of you may know of my recent involvement with the Cooking School at Dean Clough in Halifax, where I spent a wonderful afternoon discussing the

theme of "Cooking from the Heart" and baking with course participants – some of whom were customers of mine. Eight years ago, when I followed my heart and set up No.10, I had no idea that I would meet and get to know so many lovely people; working alongside them in the cooking school took my involvement with my customers to another level. It was inspiring for me to witness their enthusiasm, trust and joy throughout the afternoon and it is an experience I will never forget.

It is the personal investment of the cook in the preparation of any meal that makes the eating experience what it is; the love and care that has gone into that preparation being almost tangible. We live in an age where everyone is telling us to get more, to take more, but real happiness lies with giving; over the years I have learnt that the things that really matter are the things that you can't put a price on.

This week I invited a friend of ours over for supper – a simple meal, nothing fancy, over which to relax and catch up with each other before returning to our busy daily lives. Since I was to be the cook, the task of sourcing the ingredients for our supper naturally fell to me. Our friend had requested chilli – an easy one pot

supper that can be prepared the night before (all the better for the overnight development of flavours), but that in all its satisfying spiciness facilitates the stirring in of a little magic if one is willing to make the effort. I began by choosing 2lb of juicy, lean steak and asking my butcher to mince it for me, something lean but substantial for the spices to cling to that would yield juices that sing with flavour. Returning home with my treasure stowed in my bag the preparation of next days supper began to act as a kind of therapy. I prefer to simmer my chilli for a long time; inhaling the aroma of the meat and spices marrying together I moved on to the preparation of the lavender ice-cream we were to have with peaches baked in lemon and honey for dessert. Folding together great drifts of whipped cream, egg yolks and sugar infused with lavender and peaks of egg white was so soothing and relaxing that the preparation of my supper gave me tremendous pleasure before the day of our small gathering had even arrived. On the day itself as we nibbled on bread and olives and sipped a deep velvet Chateaux neuf whilst the chilli simmered on the stove my efforts were well rewarded.

A couple of weeks ago we were treated to a wonderful supper which had been beautifully prepared for us to enjoy whilst we viewed our friends wedding photographs. These moments spent sharing food with family and friends are those that become the enduring memories of our lives; and to quote Steve Tyler (Aerosmith) whatever it is that you are doing "if you blow a little love into it, it will reach the stratosphere".

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# Damside Mill

**Learn to bring your furniture back to life at Damside Mill this autumn.**

Damside Mill, the new workshop, gallery and studio in Haworth is launching its short courses in September. Professional upholsterer Pauline Keenoy, who previously led the courses at Leeds College of Art, will run 2 "taster days" for only £10 per day September 8 and 9; you will spend a fun and relaxed day trying out upholstery and restoration techniques and can get advice and ideas for your own furniture project.

Then there are two 6 weeks courses, the first starting on Thursday 27 September where you can work on a furniture restoration project of your own. Have a hunt around your home for your project: a chair to re-seat and re-polish, a small nursing chair to re-upholster, a Parker Knoll or Ercol fire side chairs to refurbish, or



headboards or pin boards for buttoning – or anything else you like! Chair frame restoration and repair, French polishing, simple decorative paint techniques, re-covering and sewing upholstery and buttoning are all covered.

No previous experience is needed, and classes have a maximum of 8 students so you get all of the individual support and help you need. And if you haven't got a piece to restore, why not buy one of our frames and create your own unique chair from scratch.

Full courses cost £135 for 6 weeks and run on Thursday lunchtimes from 10.30 – 2pm; you can contact Pauline for more information on 07930 625 615 pauline@paulinekeenoy.com, or book online at [www.damsidemill.com](http://www.damsidemill.com).



Damside Mill Shuttle Fold Off Lees Lane Haworth BD22 8RX

Say you saw it in the Worth Valley Mag!



Hayley Ibbotson from Manorlands (Centre) flanked by Rita Verity and Liz Barker from the Haworth Twinning Group

The fabled lost city of Machu Picchu must truly rank as one of the great wonders of the world. Built on and around mountains that held high religious importance in the Inca culture, it has intrigued all that have heard of it since it was brought to international attention in 1911.

Readers of the Worth Valley Mag will remember articles in previous editions about Machu Picchu and its special connection with Haworth through the twinning of the two villages.

But if you thought to yourself Machu Picchu is only a destination for your dreams then think again...

In May 2013, you can go to this magical place with Sue Ryder, the organisation that runs Manorlands Hospice in Oxenhope. The charity is organising its very own 10 day trek which will take in the world famous Inca Trail and is available exclusively to Sue Ryder supporters.

So come and experience it for yourself! Trek the same trail the Incas followed up to this sacred site. Stand at the famous Sun Gate at dawn and as the light grows and watch this remarkable place appear from the shadows, safe in the knowledge that by reaching this incredible overseas destination, you have helped to improve the lives of people in your community back home.

If you would like more information about this fantastic opportunity, visit [www.sueryder.org/peru](http://www.sueryder.org/peru) or contact Hayley Ibbotson in the Manorlands fundraising office on 01535 640430 or email [Hayley.ibbotson@sueryder.org](mailto:Hayley.ibbotson@sueryder.org).

The trek is also being supported by the Haworth Twinning Group so please pop in and see Rita at Sonia's Smile or Anne at Oates and Wiles for a leaflet on the event; their respective shops are located on Haworth Main Street, no 83 & 85.

To advertise call us on 01535 642227



The idea of twinning Haworth with Machu Picchu came about after the success of Haworth gaining Fairtrade status, (soon to be celebrating 10 years!) The initial visit in 2005 confirmed that the people would

love to be our friends and an agreement was signed here by the Lord Mayor of Bradford Councillor Valerie Binney and the Chair of Haworth Parish Council Peter Hill. It was 4 years later that it was countersigned by Mayor Edgar Miranda Quinones in Machu Picchu.

During that time the children at Haworth Primary School wrote letters which were hand delivered along with books for their library by visitors to Peru and more recently we reported about the success of opticians taking 2 days from their holiday working in a clinic in the Sacred Valley distributing glasses.

There is enormous interest in this fascinating link, learning first hand about the ancient Inca culture and sharing our interests. We have been approached by an artist suggesting an art exchange programme and we have several contacts for volunteering.

We aim to place signposts on the entrance to the village at various points; and out of interest, the twinning hasn't escaped the knowledge of University Challenge and the Weakest Link where it has twice been included in their questions.

We have something unique which is the envy of many similar towns and villages and we have the opportunity to use it to our advantage. Twinning is for the whole community, for everyone to bring their own ideas and skills and we would be delighted to welcome you and make the most of this exciting project. 01535 647776

Say you saw it in the Worth Valley Mag!



"For how many years have you gone through the house shutting the windows, while the rain was still five miles away

and veering, o plum-colored clouds, to the north away from you

and you did not even know enough to be sorry,

you were glad those silver sheets, with the occasional golden staple,

were sweeping on, elsewhere, violent and electric and uncontrollable--

and will you find yourself finally wanting to forget all enclosures, including

the enclosure of yourself, o lonely leaf, and will you dash finally, frantically,

to the windows and haul them open and lean out to the dark, silvered sky, to everything

that is beyond capture, shouting i'm here, i'm here! now, now, now, now, now."

By Mary Oliver

# Not Over The Hill Yet!



Shona Grange first contacted Bradford Kickstart for some help to improve the viability of the Social Club she was a committee member of. The club was facing both staffing and financial difficulties. It was a difficult time for the committee, but Shona said that meeting with the local Enterprise coach Candy Squire-Watt gave them the confidence to face the problems and the self-belief to deal with them.

The club has a strong community focus, and the committee wanted to develop this side of the membership, and make better use of the premises throughout the day. As Shona is a qualified Social Worker, she was aware that many older people wanted somewhere to socialise through the day that wasn't as formal as a day centre, and that many people just didn't feel 'old enough' for this type of support. With the help of their Enterprise Coach, they set up a group called 'The Welcome Project' which was run by its members. The group won a small amount of money which allowed them to run the project for 6 months, and their ideas really started to take shape. Calling the group the NOTHY! Club [Not Over The Hill Yet!] they set about

building a neighbourhood group that was informal, would cost very little to run, and encouraged it's members to be actively involved rather than passive recipients. Lunch was a 'jacobs join' with everyone bringing something, lifts were shared and swaps started to happen, including the regular BOGOF raffle (People who live alone don't always want 2 of things!), skill swaps and sharing of garden produce.

In March this year the local council started to look at supporting the groups as an alternative to day centres. They commissioned the service and Creative Support bid for, and won the contract to deliver the service. In something of a fairy tale ending, Shona has now been employed by Creative Support to deliver this service across the Bradford district. She has also just launched 'Bradford Shares', a time banking project which gives volunteers credits for the time they contribute, and allows them to receive help in return.

NOTHY! Clubs are hosted by local businesses such as pubs, social clubs or cafes, and while they might have help to set up they are run entirely by the people who attend them, who are both volunteers and users of the groups.

The groups encourage independence and neighbourliness. They help alleviate loneliness and support local businesses without a huge cost to the taxpayer.

For information about hosting, attending or setting up a group in your area please contact Shona Grange on: shona.grange@creativesupport.co.uk tel: 01274 482438.

For information about business support please contact Bradford Kickstart on: info@bradfordkickstart.com tel: 08009539503.

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# Cat Calendar aims to pull in funds for furry friends



## Haworth Cat Rescue's

first ever calendar is now on sale. It's been designed by one of the charity's supporters Pam Laking, and 2013 calendar features cats which have been rehomed over the years. "With only 17 homing pens Haworth Cat Rescue would not be able to take in so many cats and kittens without the support of volunteers who foster the pregnant and nursing cats and kittens in their own homes. Nor would there be so many endings without people who choose to support the charity but adopting cats in need of a second chance," says Pam. "I thought a calendar would be a good way of raising money and showing people the difference the charity makes to so many lives – both animal and human! It was a real joy to see so many happy furry faces with their doting owners and my husband Tony took many of the photos included in the calendar. It will make

a lovely gift and I already know several people who want to buy one for their own pleasure, so I hope sales go really well." Priced at £3.95, with an early bird offer of £3.50 for orders placed before 1 November, we hope the calendar will help us raise funds to help cope with the added pressure of the year-long kitten season which is putting a further strain on our resources.



By the end of July we'd already taken in 400 cats and kittens so far this year, the highest figure recorded over a seventh month period in Haworth Cat Rescue's history," says centre manager Sam Davies. "Currently we have 125 cats in our care of which at least 100 are under 3 months old. This places an added financial burden and sales from the calendar will help cover the increased medical and food bills that we are experiencing."

The calendar can be purchased direct from Haworth Cat Rescue, The Farm Lower Pierce Close, Cross Roads, BD22 9AQ and is also on sale at the café at St Ives. Postage costs £1.20 per calendar, and cheques should be made payable to Haworth Cat Rescue. From the Autumn it will also be available on online via the website [www.haworthcatrescue.org](http://www.haworthcatrescue.org)



The Star Centre in Keighley is an education centre aimed at enthusing all ages in the community about the wonder of exploration and the necessary skills related to science, technology, engineering, and maths that enable human endeavour. The centre is affiliated with Leeds City College

With the death of Neil Armstrong it is appropriate to pause and recognise the awesome achievements of the 20th century Apollo space program and the significance both technically and symbolically of putting a man on the moon. Neil Armstrong knew better than anyone that it was not his achievement that was significant, but the work of thousands. He understood the real accomplishment of the American moon program: the staggering, breathtaking rocket and spaceship that carried the astronauts to the moon and back and the audacious

engineering project that built them. There has never been anything like it. Not the building of the pyramids or the Panama Canal or the atomic bomb.

The Apollo spacecraft alone took 500 million man-hours of work.

Most books about the space program focus on the astronauts, which is not surprising since, as NASA learned long ago, people are more interested in people than in machinery. (Names make news.) Armstrong's name will appear in history books beside Christopher Columbus, and will remain indelibly written on the hearts of humanity.

Bringing the focus back to Keighley, a town known for its engineering nous, it is pleasing to know there is a part of the local college dedicated to fanning the flames of passion for science, technology, engineering, and maths, the disciplines that will support 21st century explorers. If you would like to learn more about Star Centre contact [www.starcentre.org](http://www.starcentre.org) 01535 685167

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## Autumn Fruits & Vanilla Rice Pudding

A sticky, creamy, unctuous pudding, which makes the best of the slight tartness of autumn fruits.

Use vanilla pods rather than extract if you can – it makes a difference. You can re-use the vanilla pod afterwards – just rinse thoroughly, dry and pop in a jar with your sugar for a fragrant vanilla infused scent to use in baking or sprinkling.

### For the Rice Pudding:

500 ml of double cream

500ml of milk

A vanilla pod, split lengthways

90g/3 oz caster sugar

200g pudding rice

If you don't have vanilla pods, replace with around 4 tsp vanilla extract (not essence)

Gently heat together the cream, milk and sugar until the sugar has dissolved,

and then bring to the boil. As soon as it boils turn it right down to a simmer and add the vanilla and the rice. Simmer for around 40 minutes, stirring occasionally to separate the rice and make sure it doesn't stick to the pan bottom.

### For the Autumn Fruit Compote:

Choose from a mixture of plums, nectarines, apricots, peaches, pears, apples.

A vanilla pod

50g caster sugar

Water and/or red wine

Choose your fruit - I used 3 nectarines and about 15 yellow / red plums for 4-6 people. Half them and remove the stone – nectarines need to be quartered. Apples and pears need to be around 2 - 3cm chunks. Put them in a large pan with enough water (or half water, half red wine) to come about three quarters of the way up the fruit. Add 50g caster sugar and slowly bring to the boil. Once it hits boiling point, add a vanilla pod that has been split length wise, turn it off and leave to poach for about 10 mins until the fruit is tender. Put the fruit pieces into a separate bowl, and bring the liquid back to the boil for several minutes until it has reduced down by around three quarters to a thicker syrup (it will continue to thicken as it cools, so don't worry if it looks a little runny).

By now your pudding should be done. Remove the vanilla pods and serve the pudding with a generous pile of fruits drizzled with the vanilla scented syrup. Heaven on a plate.

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# "THE BEAT GOES ON!" - SONNY & CHER

by Karen Davidson of Weeny Boppers.co.uk

We all know that babies and young children learn through - and love, music! It's never too early to sing, dance or tap out a rhythm with a young child. In fact the research about music and children's development is truly jaw dropping and shows it can have a remarkable effect on all areas of learning.

Music, movement, actions and rhythm are all important tools for encouraging healthy development in young children. Whether your musical experiences consist of attending a local class or sing-alongs during a journey, play-alongs with home made instruments and dance-athons all around the front room, you can be sure you're helping your child's learning and growth during these important early years.

**Songs & Rhymes** - as children start to grasp the simple rhyming words in catchy songs and rhymes, they will start to build up a collection of word associations that will help them develop their language. Songs with movements and actions reinforce learning and help improve memory and recall, listening skills, creativity and confidence. That's because "doing" is more effective than "listening" where learning is concerned.

**Movement** - whether moving all around the room, stomping, jumping, stretching or swaying, such movement activities enhance physical balance, control and co-ordination; increase health and fitness; strengthen little limbs and muscles and give everyone something to smile, rock, bounce, or dance about! Physical activity to lively music has a real 'feel good factor' too.

**Beat & Rhythm** - awareness of a rhythmic pulse is important in everyday



life tasks that require a regularly-paced repeated motion such as walking, running - and for older children, bouncing a ball, riding a bicycle, handwriting, using scissors and so on. Clapping, tapping, swishing and moving in time to music help build an awareness of ratios and proportions and help develop sequencing, pattern recognition, number and maths skills.

**Instruments & Props** - children love using and exploring all sorts of instruments and play equipment, which can be done to music to increase the sense of enjoyment and emotional security. A variety of multi-sensory experiences can be provided at home with a little improvisation and imagination - eg. scarves, instruments, balls, drums, puppets, bubbles and so on.

**Musical Concepts** - babies and young children will adore the fun and suspense of start/stop; loud/quiet; fast/slow; bumpy/smooth etc. which can all be easily created with your volume control, pause button and a few different pieces of music. Having fun with your toddler in this way helps build important preschool and life skills such as listening skills and awareness of contrasts.

Music has many benefits for children and can so easily be enjoyed at home with very little effort, or by joining a class which holds the added benefit of helping improve turn-taking, social skills, confidence and providing interaction with other children.

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## Oxenhope Youth Club

Living in a rural Yorkshire village definitely has its benefits, but for the teenagers in the Worth Valley finding something to do, and getting access to youth services, can sometimes be really hard.

Early last year, Bradford Youth Service sent some detached youth workers to Oxenhope, and it became clear that something was needed for young people in the village. A pilot youth club was tried for 8 weeks but, unfortunately, funding was not available to continue the project long term. Luckily, some of the young people took it upon themselves to seek help directly, and attended an Oxenhope Parish Council meeting to request that the Council looked at youth provision on a more sustainable basis.

Oxenhope Parish Council identified a need for youth provision and access to facilities for young people in its Parish Plan adopted in 2006. It was therefore delighted to make an effort to help support the young people in the village to set up their own club. As well as agreeing an initial financial contribution towards the club from Council funds,



Oxenhope Parish Council was successful in obtaining funding from West Yorkshire Police Community Trust, a Keighley Area Committee Safer Communities Grant and secured additional funding from the Worth Valley Ward Councillors. An agreement was reached with Bradford Youth Services to run youth sessions as a partnership with the Parish Council. The club has received a great deal of goodwill and support from other groups and associations in Oxenhope, and now attracts around 25 young people

per week. It provides a safe environment for young people aged 13-19 years living in and around Oxenhope to socialise, enjoy activities and access Youth Service support. It has recently become a constituted club in its own right, and is run by a committee including several of the young people themselves. Young people in Oxenhope now have a voice, and it is hoped that their community involvement will help shape the village for the future.

New members are welcome – just turn up – Oxenhope Community Centre, Fridays, 7-9pm. For more information, contact Penny Cusdin 07931 538911, p.cusdin@izvg.co.uk

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Ashmount  
Country House

Poached Cod with a Herb Crust, Sautéed Spinach,  
New Potatoes, Green Beans and a  
Slow Roasted Tomato and Parsley Sauce.



Danny Ife, Head Chef at Ashmount, shares his recipe for poached cod, one of the tantalizing dishes served at the award winning Country House in Haworth.



### Ingredients

#### Herb Crust:

100g Crusty bread  
25g Cold butter  
20g Parsley  
20g Dill  
20g Chives  
1 Lemon (zest only)  
Salt & Pepper to season

#### Vegetables:

900g Spinach  
1 red onion  
3 cloves of garlic  
1 pack of green beans  
20g butter  
5 new potatoes  
500g double cream  
5 large tomatoes  
1 bunch of parsley  
5 banana shallots  
Salt and Pepper to season

**Fish:** 200g Cod Fillet

### Preparation

#### Herb Crust:

Pre-heat the oven to 200 degrees (gas mark 6)  
Tear the bread into chunks, place into a food processor and pulse to make coarse breadcrumbs.  
Add butter, finely chopped garlic, parsley,

dill, chives and lemon zest and pulse again until blended. Season the breadcrumb mixture with salt and pepper.

**Fish:** Line a pan with baking paper and add a knob of butter and 200g of water. Lay the crust onto the cod and place in the pan. Cook for around 10-12 minutes or until the fish is cooked through.

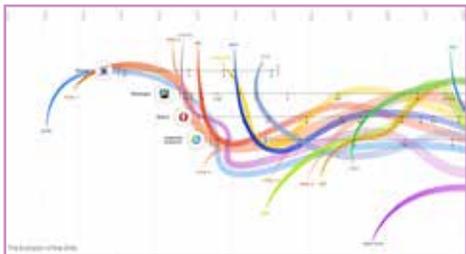
#### Tomato and Parsley Sauce:

Pre- heat the oven to 140 degrees. Place the tomatoes on an oven tray, season and bake until soft. In a sauce pan heat the olive oil and add the finely chopped shallots and garlic. Once the onions and garlic have coloured add the tomatoes and double cream. When the cream has reduced by half, pour into a food processor and blend until smooth. Pass the mixture through a sieve and season with salt and pepper. When ready to serve finely chop the parsley and add to the sauce. Serve the fish with new potatoes, sautéed spinach, green beans and cherry tomatoes to garnish.

## TOP TECH TIPS by Michelle Thompson at Cloudfree IT

### Evolution of the Web - Gone in a Flash?...

I've always been fascinated by the concept of evolution; survival through development. Nothing is truly static. Everything changes for a reason. Plants grow, then shed their fruit or seeds, and then they die off until next season. We're born, we raise kids then we shuffle off...Each successive generation slightly different to the last in one way or another. Height, weight, health, longevity. There are many cycles of change for which I am grateful, but I'd be the first to admit that there are some things I'd rather didn't change. I do like internet shopping, but the possibility that one day we will buy everything via the internet is not something my traditional brain is ready to accept. Yet. For now I prefer to choose (handle & sniff for ripeness) my own fruit & veg, thank you very much!



The brief appearance at the Olympic opening ceremony recently, of Sir Tim Berners Lee (the person we have to thank for the birth of the internet as we know it through his invention of 'Hypertext Markup Language' or HTML for short), got me thinking more deeply about how our lives are changing through evolution. Over the last two decades haven't things moved on quickly?

Very helpfully a very good friend of mine, a fellow IT geek, who lives in my home town of Harrogate and who I keep in touch with mostly via Facebook (thank you

Mark Zuckerberg) sent me the following link demonstrating this very nicely indeed. [www.evolutionoftheweb.com/static?hl=en-gb](http://www.evolutionoftheweb.com/static?hl=en-gb)

There's so much going on, on the web, with new technologies coming and legacy ones going that the overall effect in the above diagram looks a bit like my teenage son's hair did, until his trip to the barbers last week.

Last November Adobe announced it was to drop development of Flash for mobile devices. Flash has been around bringing us moving images on the web for years. It seemed odd that Apple didn't support it on their mobile devices, but now we hear this week that it's going from Android devices too and HTML5 is the way forward (for now, anyway).

But what will come next to change the way we use the power of the internet? How long will it be before the scramble to develop the 'next big thing' calms down for long enough that we have time to really get to grips with a technology before it disappears forever?

The one factoid that really struck me dumb, was that collectively we transfer enough data over the web in a month (around 28 Petabytes) to fill enough DVDs which, when laid out next to each other in a long line, would reach to the moon... AND back! How long before that line would reach Mars?

Speaking of which I'm now off to check out what the Curiosity Rover is up to on the Red Planet!

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# Yorkshire hospitality at The Grouse Inn...

Focus on food



"My husband and I hadn't visited The Grouse Inn in Oldfield, Oakworth for some time, but we had heard that it was under new management and were interested to see what the food was like now."

The pub still has a homely feel and is warm and welcoming. We noticed the tap room has been refurbished into a cosy snug: walking boots and dogs welcome! I have to say I'd forgotten how spectacular the views over the moors are and customers were enjoying the beer garden.

We were warmly greeted by staff and found ourselves quickly seated. The menu was provided while we ordered our drinks. My husband was pleased to find Timothy Taylor cask ales available and I was impressed by the varied wines on offer.

The new menu pledges to serve home cooked food made from locally produced ingredients and offers modern British fayre, a tantalising range of homemade pies and traditional Sunday lunches. My husband ordered from the specials blackboards which highlights seasonal choices and I ordered from the main menu. I also noticed the children's menu was varied and good value.

"...the staff were friendly and attentive..."

For starters we wanted to try one of the 'sharing platters' on offer and were delighted by the seafood one we chose. It was loaded with potted shrimps, homemade fish fingers, the best fishcakes I've had in years and a modern prawn cocktail, all accompanied by fresh marinated anchovies, tanga tartare sauce, crispy salad and crusty bread.

For main course I chose a perfectly roasted chicken breast served with dauphinoise potatoes, crispy bacon and a gorgeous mushroom sauce. My husband loved his pan fried salmon and juicy mussels served with new potatoes and tasty saffron sauce, all accompanied by fresh, perfectly cooked vegetables. For pudding, my husband indulged in a beautifully presented sticky toffee pudding and I chose from the 'old school' desserts menu, a divine bread and butter pudding served with creamy custard set off by tanga kumquats.

Throughout our meal the staff were friendly and attentive and made the whole visit really enjoyable. I have a feeling we'll be back at the Grouse soon and we have no hesitation in recommending you try the food for yourself. *Review by: Jade Laurenn*



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Last month's winner was Charles Driver. The correct answer was Oxenhope Parish Council Notice Board. Charles wins a Keighley & Worth Valley Day pass  
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**From Saturday 1st September-** Calendar Girls-Keighley Playhouse, Devonshire street, Keighley. Tickets range from £5-£7. Tickets are available by calling the box office on 08451 267 859 during office hours. If you would like to be reminded of forthcoming plays/events please email [keighleyplayhouse@btinternet.com](mailto:keighleyplayhouse@btinternet.com) for further information. For more information visit the Keighley Playhouse website [www.keighleyplayhouse.co.uk](http://www.keighleyplayhouse.co.uk)

**Sat 1st Sept** West Lane Baptist Centre from 7.30pm. Jane Austen vs The Brontes!: A panel of writers put Jane Austen head to head with the Brontes in the ultimate literary battle Tickets £10 from [jenna.holmes@bronte.org.uk](mailto:jenna.holmes@bronte.org.uk) / 01535 640188

**Sun 2nd Sept**- MP Kris Hopkins' Cricket Day in conjunction with Manorlands at Oakworth Cricket Club, all welcome. 1pm Wide Lane, Oakworth. BD22 0RJ

**Sun 2nd Sept** - Charity football Tournament at Oakworth Football Club, 12 noon. all welcome.

**Tues 4th Sept until Sat 13th Oct** Sutton Arts Club Exhibition at Central Hall, Alice Street, Keighley 01535 612500 email: [info@central-hall.org.uk](mailto:info@central-hall.org.uk)

**Mon 3rd until Sun 16th Sept** 'Annie



# COMMUNITY PAGES

Paton Art Exhibition', upstairs room at Haworth Visitor Information Centre, 10:00am - 5:00pm. Mixed media paintings by local artist, Annie Paton. Admission free.

**Thurs 6th - Sat 8th Sept** CAMRA's Keighley Beer Festival - . New Venue - Central Hall, Alice Street, Keighley BD21 3JD. Real ales, ciders, perries, food, tombola and souvenirs £2 admission or free to CAMRA members. [www.keighleybeerfestival.org.uk](http://www.keighleybeerfestival.org.uk)

**Thurs 6th Sept until Sun 16th Sept** Saltaire Festival. For more information visit [www.saltairefestival.co.uk](http://www.saltairefestival.co.uk) or call Saltaire Visitors Centre 01274 437942.

**Thurs 6th Sept** Haworth Old Hall 7pm Marie Curie Cancer Care needs your help! Are you interested in getting involved with fundraising at a local level? Come along to find out more: For further information please contact Lucy Burnett, Community Fundraiser, 01274 337017, 07515 135142 or [lucy.burnett@mariecurie.org.uk](mailto:lucy.burnett@mariecurie.org.uk). Marie Curie Hospice, Maudsley Street, Bradford, BD3 9LE

**Sat 8th Sept** Late Summer Party at Laycock Village Hall with the band Undercover on their third visit to the Hall. Pay bar at reasonable prices. Tickets £10, includes a Fish and Chip

Supper. 7:30 for 8pm Admission by ticket only from 01535 665829

**Sat 8th Sept** Starlight Hike at Haworth Park - 9.30 pm (walk starts at 11pm) Sue Ryder for Manorlands

Hospice. further info [www.starlighthike.org](http://www.starlighthike.org) or call 01535 640441.

**Sat Sept 8th** - Heritage Weekend 10 am until 4pm 80th Anniversary. More information 07961-174295

**Sun Sept 9th** at 3pm:-at St James Church all welcome. Songs of Praise with Cream tea £3. Proceeds for our Roof appeal fund. Come along and sing some favourite hymns.

**Sun Sept 9th** Haworth Local Produce Market at Central Park, Haworth 10am until 3pm.

**Sat Sept 15th** St James Church (in Hall) 15th 11:30am-1:30pm Soup and Sandwich lunch and Bring and buy stall all welcome.

**Wed Sept 26th Keighley Astronomical Society** meeting. 6.30 pm. Held at the Star Centre within the Keighley campus of Leeds City College, Bradford Road, Keighley. We will be looking at the October night sky together with a focus on the planet Uranus. £3 entry fee. New members welcomed.

**Fri 28th Sept** Hidden Riddlesden - Easy Walk 2.30 pm until 3.30 pm. Free Event at East Riddlesden Hall. Milke Freeman will take you on a tour

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of the fields explaining how the estate used to operate. Further info contact Shelley Hollingdrake on 01535 683806.

**Fri 28th Sept - Sun 30th Sept** Fall Fest - Glusburn Community Arts Centre for more info [www.fallfest.co.uk](http://www.fallfest.co.uk)

**Fri 28th Sept** Old Time & Sequence Dancing 1.30 pm until 4.30 pm at Victoria Hall, Keighley. Call 01535 662121 for more information.

**Fri 28th Sept - Monday 3 Dec** Ways to the stone house: Simon Warner: Artist in residence 2012 for the Watershed Landscape project, will exhibit a series of tiny landscape films in the rooms of the Bronte Parsonage Museum. The exhibition will also document the progressive ruination of Top Withens, using photographs from the Parsonage archives as well as iconic images by Bill Brandt, Fay Godwin, and Sylvia Plath

**Sat 6th Oct** at Exley Head Church Ladies Circle are having a TABLE TOP SALE Including attic and garage clearance, good as new and crafts. At Exley Head Church, Wheathead Lane. from 10am until till 12pm. Refreshments will be available. If you would like to rent a table for £5, please get in touch with Glenis Kly 640346 or Janet Kly 603065 before 3rd October.

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**Some differences between men and women as observed by some men and women**

Women understand colour. They seem to know what to wear all the time. Men just think red is nice, pink is nice, so why not have them together?  
Jeremy Vine

Women have the Oh dear, the toilet paper is on its last sheet; must replace it immediately gene. This is entirely absent in men who have the Oh cr.p! Can you pass me a toilet roll, love? gene!  
Jenni Murray

Men have no opinions about curtains.  
Stuart Maconie

On being told that someone has bought a new car women usually ask what colour it is - men ask what sort it is.  
Anna Ford

Women have the If you need to be told I am not going to tell you gene  
David Bergin, Switzerland

Women know instinctively what is dangerous or not recommended for babies in their care. Men, generally speaking, do not. Sian Lindsey, Netherlands

Men like to have all their stuff (DVDs, CDs, etc) on show to impress their mates. Women like to hide things in cupboards.  
Mark Nelson, UK

Women have a built in calendar gene - we remember birthdays, anniversaries and appointments effortlessly.  
Lindsay, UK

Ask a woman in the street how to get somewhere and she will direct via shops. Ask a man and it will be via pubs.

Women put things on the bottom stair to take up next time she has to go upstairs. Men just step over them until told to pick them up. Karen Kelsey, UK

Men appreciate the importance of a 42 inch plasma screen. Women do not.  
Jonathan, UK

A multi-tasking gene is clearly only owned by women - men can never prepare dinner so that everything is ready at the same time. Kelly, UK

Women can use sex to get what they want. Men cannot, as sex is what they want.  
Eoin Dempsey, Ireland

Women pick up on subtleties and then think about them. Men need things explained IN CAPITAL LETTERS before the message gets through. Morag, Edinburgh

Men speak in sentences. Women speak in paragraphs. Steve Munoz, US

At weddings, women cry then get drunk. Men get drunk, then cry. Debby, UK

For men, 2am is time for sleep. For women, 2am is time for a discussion about where our relationship is going.  
Luke, UK

When faced with flat-pack furniture, men never read the manual. Yet they spend hours reading manuals for cars or bikes they will never own. Linda, UK

Men can store useless information. Like the top speed of a car they are never going to drive, let alone own.  
Rob, UK

source: bbc

If a man is in the Forest, talking to himself, with no women around, is he still wrong?

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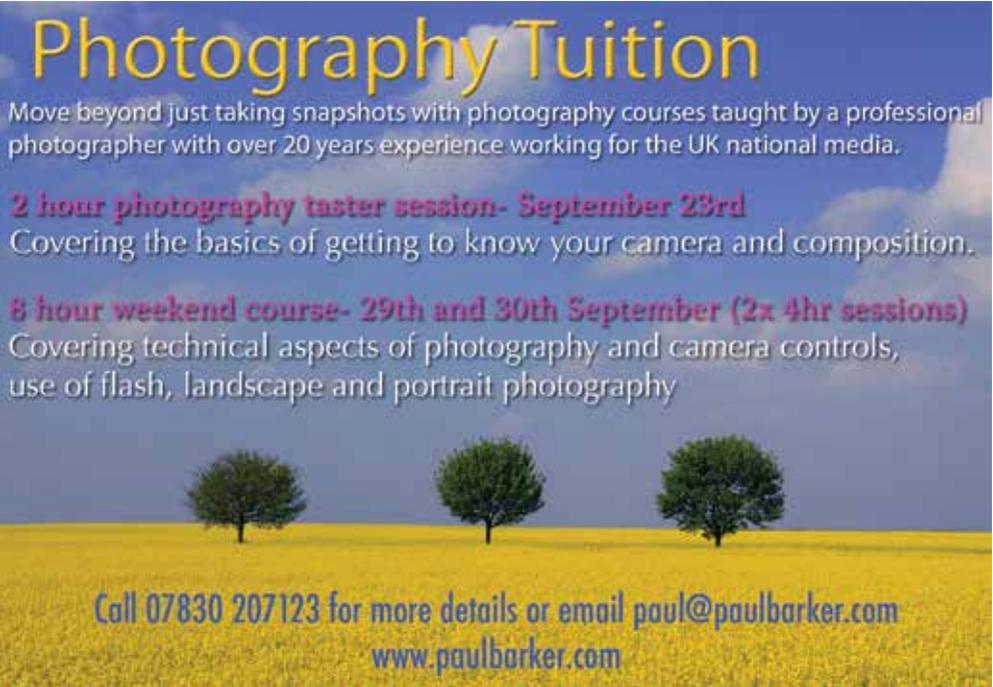
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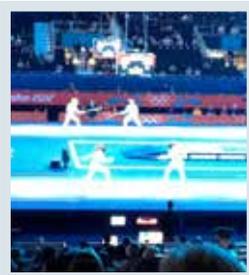


**“Go GB Olympians! Thanks to our lousy wet summers and the high cost of our petrol we’re evolving into a nation of swimmers and cyclists.”**  
**@GraemeGarden I**



one end of the city to the other and to expect lengthy delays were not borne out. Everything was running like clockwork and the city sighed with relief that the BBC’s television comedy series, Twenty Twelve, was not going to play out in real life, even though it did provide some hysterically funny scenarios on the run up to the events.

In fact, the BBC picked up the ball and delivered a perfectly coordinated Olympic games. Of course, for me, it helped being in the company of good friends and a fist full of “golden” tickets. (I only managed to secure tickets in the final round after several disappointing stabs at the lottery.) Ironically, it was the fencing tickets that came through and I was faced with the challenge of separating a parry from a riposte. I can’t say that I was very successful in understanding the scoring of the foil, but it was enjoyable following the action in the ExCel Stadium. Having seen the opening ceremony and a few days of the games I flew out to the States excited and proud to be symbolically carrying the Olympic torch from Britain. I fully intended to continue following the

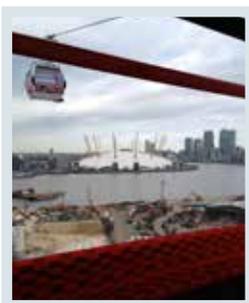


What a privilege it was to see the Olympics in London this summer; I just managed to catch the first few days before setting off to the USA for a summer holiday.

Everything was ramping up and the city was buzzing. The thing that struck me was the goodwill that seemed to envelop everyone; a palpable ecstatic charge was in the air...and that wonderfully expectant feeling, like being 6 years old again and getting butterflies in the stomach at the thought of catching a glimpse of Father Christmas and his reindeer. It felt like the city was where it was all happening and I was at the centre of the universe where all the fun was about to begin!

There were teams of helpful volunteers on the streets of London with maps and suggestions for what to do, where to go and how to get from one venue to another. We were amongst the first to ride the Emirates Sky Ride and I thought it was more interesting than the London Eye.

All the hype about traffic and stern warnings to allow hours to get from



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flow of activity, but my enthusiasm was quickly dampened by the time delay USA networks applied to their schedules while bombarding audiences with relentless and inane advertising. Never have I so fully appreciated the quality of the BBC commentary and the (relatively) commercial free coverage we have in Britain. I ended up following many of the sporting events, and the closing ceremony, on my Twitter stream in Colorado because I could ‘watch’ in real time; the commentary from all over the world was highly entertaining and infinitely better than American TV.



I was especially proud to see so much Yorkshire talent come to the fore at the Games. I’m told, if Yorkshire were a country, it would have been 10th in the medal table; that is no small feat, and there will be fewer red letterboxes in Yorkshire to highlight this fact. (see www.goldpostboxes.com to find the Olympic Gold Postboxes near you.) All in all, it was a stonking summer of sport, with Britain as a nation and a people showcased in top form. Well done Britain; well done Yorkshire! Roll on Rio De Janeiro!

Liz G Barker

This diagram shows where the gold postboxes are located around the UK.



Two young fans at the Brownlee postbox in Leeds. You can upload your own photos on www.goldpostboxes.com



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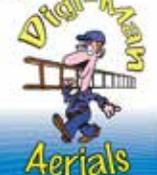
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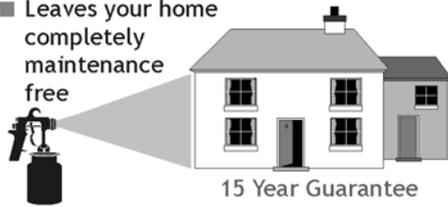
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# RURAL MATTERS by Rachael Moore



## Poo Picking!

My dog decides to poo right outside someone's house along a main road where

everyone can balk as I pick it up in a plastic bag...but equally, if she pooped in a field, I still need to pick it up. We all do.

As a farmer and having learnt about the effects of dog poo the hard way, I'm quite proud that I pick up dog poo. This may seem a strange thing to say, but if you've ever seen an animal in pain and distress, then I'm sure you'll understand.

Neospora (or Neospora caninum) is a parasite found in dog faeces and cattle can become infected with this parasite by eating grass, hay or silage that has

been fouled by dogs. Once infected, a pregnant cow is likely to abort her foetus or to produce a calf that is already infected. Abortion is a hugely stressful event for any animal, and after having carried the calf for nine months, very disappointing too. The loss of

earnings from the sale of the calf also has detrimental impacts on a farmer's income.

Regularly, I ask other dog walkers to also pick up dog foul that they think is OK to leave at the side of the footpath in the field. The response I get is completely unacceptable and very disrespectful to the countryside "Why should I? the farmers don't pick cow poo up"! Cow poo is not causing abortion and other health effects, dog poo is. We're not talking about isolated cases here, once Neospora infects a cow, it is normally with her for the rest of her life and passed to her offspring. There is no known prevention of the disease and infected cattle are

a burden themselves.

My plea for those who walk their dog in fields, please collect all faeces to prevent infection to cattle. Staying on the public footpaths also prevents the

spread of the spores to the grass. Next time your dog fouls, pick it up and be pleased that you may have just saved a cow's life and your consideration will also be appreciated by others who would like to enjoy the countryside.



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