

# WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

JUNE 2007



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It's hard to believe we're in June already and fast approaching the summer holiday period. In this, our 8th issue, our local contributors cover such themes as camping, alfresco dining and jobs in the garden. The mag continues to provide insights into various local businesses - a feature which you tell us you greatly enjoy. You will find details of local non-profit events in the Community Pages (keep submitting your free listings) and the Business Directory points you to services and goods in our area.

There are puzzles and competitions too - speaking of which, a special mention must be given to our funniest entrant to the "Where in the Worth Valley?" competition, David Burlison, who said the answer was "The Old Hall in Haworth....'cos I was there last night and remember seeing the big red cross when I left the pub....." Just how many bevies had he had??? (If you don't know what we're talking about you'd better have a look at p.19!) This month Cobbles & Clay, the Art Café in Haworth, has generously donated the prize; 'A pottery painting session for two.' The winner will have the opportunity to paint a mug or plate with a friend.

An exciting development last month was the introduction of our own devoted team of local delivery people - a special thanks to them for their commitment to a successful distribution.

## CONTACT US

## THE WORTH VALLEY MAG

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visit our website: [www.worthvalleymag.co.uk](http://www.worthvalleymag.co.uk)

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## CARRY ON CAMPING

**"Camping: The art of getting closer to nature while getting farther away from the nearest cold beverage, hot shower and flush toilet. "**

**~Author Unknown**

Last June I was sweltering in the garden reading the paper when I noticed an ad that literally sold me a new lifestyle. **"Limited Offer – Family Tent - £99.99."** A tent you can virtually park a car in with all the gear included for the same price as a weekend in a Travelodge? Within the hour I was hoisting the whole kit and caboodle into the boot of the car along with folding tables, folding chairs and folding just about everything else.

I was pretty much brought up in a tent during the 70's and often grumbled to my parents about how my mates always went to Majorca and came home with stuffed donkeys whilst all we got from Loch Lomond were midge bites and itchy tartan picnic blankets. Once free of the nest I discovered the delights of bed and breakfast, room service, fresh linen and other such soft behaviour. I was rebelling against my Calor Gaz upbringing, but now with my own child nibbling away at my wealth I became living proof that everyone eventually becomes their parents. No expensive foreign holidays. Let's go camping!

We found a great site in Markington, a quiet little village near Harrogate. Apart from having a children's playground and paddling pool its proximity to a pub made it a dead cert. Shortly after arriving we unpacked the tent for the first time hoping

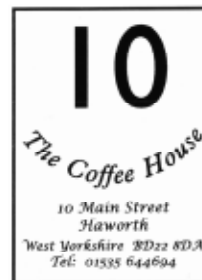
that some poor sweat shop worker hadn't nodded off and forgotten to include all the pegs and poles, but we conspired and perspired to raise our enormous dome with relative ease.

After bashing in the last of the pegs we headed off to explore Brimham Rocks. It was a great day out, but as early evening drew in we knew we'd yet to face our stiffest challenge.

How would our pampered little princess take to sleeping in her new nylon nursery? We needn't have worried. Whilst we enjoyed a bottle of wine outside the tent she slept like a log.

Five hours later not even the twittering, shrieking cacophony of the dawn chorus could stir her - though it kept me wide awake. I've never heard such a racket. It was like trying to sleep in an aviary. To make matters worse I could hear the bloke in the next tent snoring and farting – in fact I could hear the bloke in the next field snoring and farting. What a noisy place the countryside is!

Eventually the tot woke up at pretty much the same time she always does and started talking to Incy Wincer spider and the other assorted insects on the ceiling whilst I worked out how we were going to take all this stuff to bits and not get soaked by the rain that was now thrashing against the side of my bedroom wall. Despite these aversions I enjoyed my first family camping adventure and am already spending a suspicious amount of time browsing in Millets sizing up foldable kitchen facilities, but I think my next essential camping item is a pair of good earplugs.



*To coincide with the refurbishment of our guest rooms we have introduced to No 10 a range of high quality French products exclusive in this area. These are produced by a small family company in Provence which is one of the few businesses still employing traditional soap manufacturing methods.*

*Our range includes soaps based on olive oil and flower essences and Olivia Bio body products which are certified organic and packaged in ecologically sound recyclable materials.*

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We have been living and working in the Worth valley for 30 years, and to say a big thank you to all of our customers, old and new, we would like to offer you a free glass of wine with your meal, on any Wednesday lunch or dinner.



The Rushworth Family

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## Looking Good - Feeling Great!

Here in the Worth Valley we now have our own, much less scary version of TV's Trinny and Susanna. Until recently Carole Anne Crossland worked as a Careers Adviser in local schools, but her interest in how to look stylish on a budget; along with a desire to help women increase their confidence and feel good about themselves, led her to set up an Image and Wardrobe Consultancy from her Oxenhope home.

Carole Anne, who has been training as a stylist with Colourflair Ltd for the last year, hopes that her new venture will be the perfect way to combine her previous experience of working as a Consultant for Estee Lauder, with her Careers Guidance expertise, to provide a service to help women explore every aspect of their personal impact and appearance. The 44-year old mother of two is a firm believer that you don't have to be 18 or a size zero to look good!

A Consultation with Carole Anne will cover the topics which are most relevant to you, from style analysis to wardrobe management and shopping, or advice on skincare and make-up.

She is also available to visit you at home, to give your wardrobe a complete overhaul. "Most of us wear only 10% of our clothes 90% of the time. I can help you to weed out what isn't right for you, so you can actually see what you've got, and what you need to buy to fill the gaps and create a wearable wardrobe to suit your lifestyle, personality, body shape and budget."

She provides an accompanied shopping service to help you find the perfect outfit for that special occasion, or get you started restocking your wardrobe. As she

explains, "Women today have busy lives and work long hours. They don't have time to spend hours trawling through the shops. If someone needs to buy a new outfit for an interview, wedding, party or other big event I can give them impartial, honest advice to ensure they don't end up looking like a fashion victim by buying something that doesn't suit them, just because it's the latest trend. This can save a lot of money in the long run."

So who can benefit from a style makeover? "Everyone; from someone who wants to move up the career ladder, to women returning to work after having children, to the mother of the bride who needs to find the perfect outfit, to someone who wants to totally transform their image after a major change in their life."

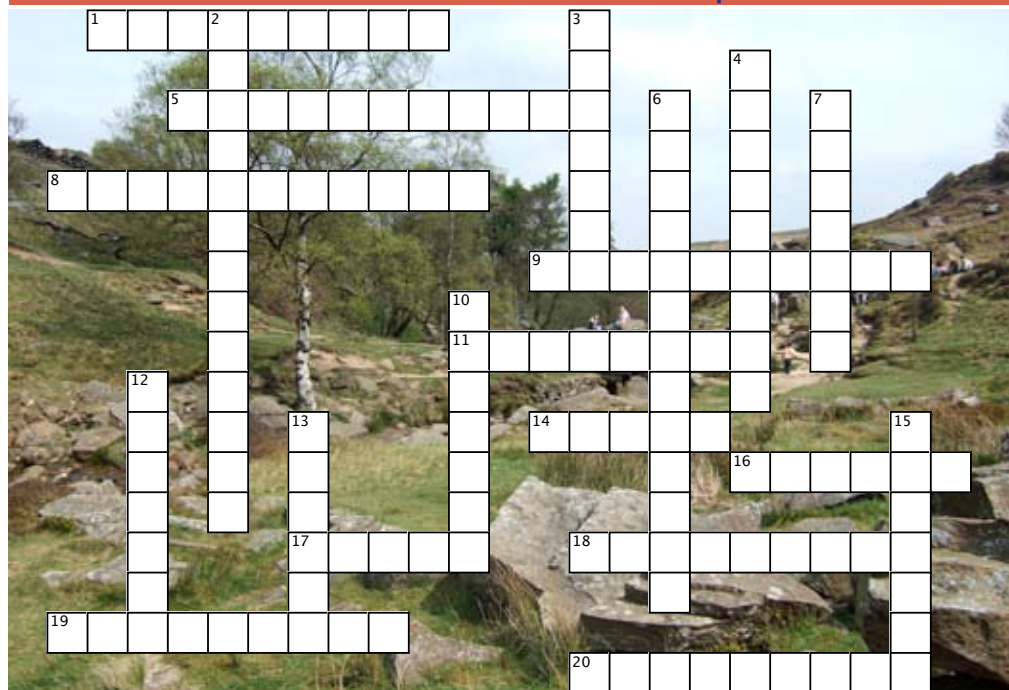
As Carole Anne points out, "We all have to get dressed and present an image to the world every day, and if you know you look your best your confidence will grow and you'll feel you can achieve anything!"



For a free initial telephone consultation to discuss your requirements contact Carole Anne on 07754 900895 or by email at [caconsultants@tiscali.co.uk](mailto:caconsultants@tiscali.co.uk)

## WORTH VALLEY MAG CROSSWORD

### A Local Crossword for Local People



#### Across

1. God's County (9)
5. Haworth's Peruvian Twin (6,6)
8. Latest 007 (6,5)
9. Bradford and Leeds share same fate. (10)
11. Arthur of the pits (8)
14. The People's Front of...? (5)
16. KWVR Weekend in June (6)
17. Mr Salt (5)
18. What's on in Oxenhope on the 1st of July?
19. Yorkshire for tired out (9)
20. Last of the Brontë sisters (9)

#### Down

2. Town where beds are raced! (13)
3. Popular video website (3,4)
4. Time travelling wizard from 70's TV (9)
6. Henry's Last Wife (9,4)
7. Built a wall in 122 AD (7)
10. Mormon pop group with shiny teeth (7)
12. Pasta Sheets (7)
13. Voted the best park in Britain. (6)
15. Higher quality wine (7)

				3	4		7
2			9				5
				8	5	2	
1			8				
		3				8	
					4		6
		5	2	4			
	3				7		8
4		6	1				

## SUDOKU

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

If you use logic you can solve the puzzle without guesswork.

To advertise call Karen or Liz on 01535 642227

# LEGENDS

## OF THE WORTH VALLEY

### LILY COVE

**LILY WAS A DAREDEVIL PARACHUTIST WHO TRAVELLED THE COUNTRY WITH CAPTAIN BIDMEAD AND HIS AMAZING HOT AIR BALLOON. SHE WOULD PARACHUTE FROM A HARNESS STRAPPED BELOW THE BALLOON.**

**WE'VE BEEN BOOKED FOR HAWORTH GALA! WE'RE STAYING AT THE WHITE LION!**

**I CAN SEE BRADFORD FROM HERE!**

**CAPT. BIDMEAD - 1906**

**SOMEHOW SHE BECAME SEPARATED FROM HER PARACHUTE AND HIT THE GROUND, DYING SHORTLY AFTER.**

**AARGH!**

**'APPEN SHE FELL! FETCH DOCTOR FORRESTER!**

**DIE YOU HARLOT!**

**IT HAS BEEN SPECULATED THAT HER PARACHUTE HARNESS MAY HAVE BEEN TAMPERED WITH BY A JEALOUS EX LOVER.**

**IT HAS BEEN SUGGESTED THAT AS SHE WAS APPROACHING PONDEN RESERVOIR SHE FEARED THE BALLOON MIGHT DESCEND INTO THE WATER, AND RATHER THAN DROWN SHE DECIDED TO JUMP.**

**LILY WAS BURIED IN HAWORTH CEMETERY. HER DEATH WAS RECORDED AS A MISADVENTURE AND IT WAS RECOMMENDED THAT THESE PERFORMANCES BE MADE UNLAWFUL.**

**SINCE HER DEATH, GUESTS STAYING IN ROOM SEVEN AT THE WHITE LION HAVE REPORTED STRANGE FALLING SENSATIONS AT NIGHT... OR WAKING TO SEE LILY GAZING DOWN AT THEM FROM THE FOOT OF THEIR BED.**

**11TH JUNE 1906**

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# FIT FOR PURPOSE

**THE FLEECE INN**  
67 Main Street, Haworth  
01535-642172



To view The Fleece Inn Early Bird menu or check out the newly refurbished guest rooms, visit the website: [timothy-taylor.co.uk/fleeceinn](http://timothy-taylor.co.uk/fleeceinn). Nick Hindle, Landlord (right)



Illustration by Canning Design

With a degree in Sports Science under his belt, eight years service in the Army as a physical training instructor, and a considerable amount of experience in the leisure industry, Nick Hindle, the new tenant at The Fleece in Haworth is proving fit to take on a challenge or two.

"I was at a point in my career where I was ready for a change," he said, referring to his situation last year. "I was a Director with Esporta Health Club PLC, the UK's largest operator in the industry, but I'd lost my drive. What I really wanted was my own business. So when I heard that the lease was available at The Fleece, the opportunity seemed too good to pass up."

Nick spent three months analysing the local market and considering the business potential. There was a lot of competition for this popular tenancy; 13 other applicants were in the running. But his comprehensive business analysis and

personable style persuaded the Timothy Taylor's team that he was the right man.

"Nick really impressed us with his enthusiasm and professionalism, said Tied Estate Manager Andrew Daykin.

Nine months down the line, Nick is pleased with the way things are developing. He and his team spent the first months tidying up the interior of the building and re-decorating where needed. The seven bedrooms were given a full make over and returned to their luxurious standard. "I like things to be immaculate. I notice details and have high expectations."

Those high expectations carry through to every aspect of the business. A professional approach is evident everywhere, from the way the beer is kept in the cellar to the perfectly appointed guest rooms. Both front of house and behind the scenes are in order. All employees are properly trained and look smart in freshly laundered uniforms.

But a strict military approach is not the feeling one experiences when entering the Fleece. There is a friendly and welcoming atmosphere for locals and tourists alike. One customer, a 'regular' since 1972 said, "He's a good lad. And he's keeping the beer right. I'm happy with that!" (It must be true because The Fleece is nominated for the 'Beautiful Beer' Award. ) "And this is the only pub in the area that offers the full range of Timothy Taylor cask ales. That alone is worth the trip" quipped another customer.

While the challenge to keep the beer up to scratch has been commendably achieved, the current focus is on re-establishing the Fleece's reputation for good food. (Prior to Nick's tenancy the pub had stopped serving food.) Head Chef Andrew Barbato is up to the task. He is now providing fresh food with homemade options made from local produce; traditional fare made daily on the premises. You can get things like Steak and

Ale pie with proper hand cut chips. "Good food, Good beer, and a warm and relaxed environment" is the motto.

Early Brld specials are now on offer Monday - Thursday 4-7pm. (2 courses, £7.95) And starting in June, the five star full English Breakfast previously only available to residents of the Inn will be available to non-residents. "We will trial the breakfast special on Saturday and Sunday mornings 10-12." said Nick. "Come in for just a cup of coffee or indulge in the deluxe breakfast with smoked salmon and the works."

Whether you come for a meal or just fancy a pint or two, The Fleece is fit to serve the Worth Valley thanks to the hard work and commitment of Nick Hindle and his team. In addition to the new breakfast opening times, the pub is open:  
12pm-11pm Mon-Sat. and  
12pm-10:30pm Sunday.

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## WEBSITE OF THE MONTH

If you're one of the growing number of people who enjoy camping then [ukcampsite.co.uk](http://ukcampsite.co.uk) is essential reading. It has an excellent search engine and its user reviews offer first hand accounts to help you decide where to go. The site also has a very friendly forum, features and tips, a camping shop and a section for free ads. Perhaps its most useful feature is the Virtual Brochure where you can save all the links to the campsites you are interested in visiting. You can also print maps, directions and book your stay directly through the site. If you don't have a tent you can always try winning one by entering their regular competitions.



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5 Main Street, Haworth, West Yorkshire BD22 8DA

Say you saw it in the Worth Valley Mag!



# Jewel in the Valley

It is so easy to become blasé about the familiar. Living in a touristic beauty spot sometimes we overlook the gems on our doorstep. Ponden Mill at Stanbury is a great place to rediscover our local history and enjoy the beautiful countryside we take for granted. Surrounded by pretty moss covered stone walls and well worn rugged paths, the Mill presents the perfect solution for satisfying the desire to get out for a bit of fresh air coupled with the urge to indulge in a little retail therapy.

Whether we pile the kids in the car with the bikes in tow or gather granny for a stroll around Ponden reservoir, a warm cuppa and a hearty welcome await us at Ponden Mill.

The history of the Mill goes back to 1748 when the stone that made up its structure was purchased for £38. The original building was a corn mill but it sustained substantial damage in a

fire and was rebuilt in the beginning of the 19th century by the Heaton family, cotton cloth manufacturers. Lancashire took over the cotton industry and, like many other mills locally, Ponden Mill started producing worsted wool materials.

Between 1898 and 1973 R. Sunderland and Son took over the premises and employed a maximum of 30 people. The mill was powered by a water wheel until the second world war and was supplemented by a steam engine when there was no water available. The mill was sold at auction in 1973 for the sum of £10,000.

Ponden Mill as a business was first established by Barry Brookfield, who

started as a market trader and had a reputation for 'delighting' his customers with his products. He developed and grew his business successfully by listening and learning from his customers. Quality and price were always key factors that were important for their satisfaction.

One year Mr. Brookfield went to an exhibition

in London and saw for the first time Duvets and nylon covers. Other retailers were slow to realise the potential of these new products, but Mr. Brookfield saw a market for them. The fame of Ponden Mill grew on the sale of duvets and duvet covers. Mr. Brookfield offered £5 for old clean blankets to encourage people to buy duvets, and in

turn he gave blankets to the Red Cross.

Ponden Mill today is still known for its honest Yorkshire value. There is a wide selection of linens and bedding selling at up to 50% off High Street prices. This month we find Egyptian Towels reduced. (whilst stocks last)

Just Elegance, Alexara, Klass, and Roman are the latest editions to the brands available in the Ladieswear department. Regatta fleecy outerwear is the practical and durable range for men. The Children's Crafts & Toys section is crammed with fun and inexpensive surprises for kids. It is a great place to stock up on birthday gifts and cards too. A variety of books including lots of excellent quality

childrens selections, bird watching, wildlife, cookery, local interest, and coffee table gems are attractively displayed. And when we have 'shopped til we dropped' the licensed restaurant is like an oasis ready to restore our strength. Here are some of the specials we found to delight us in the restaurant:

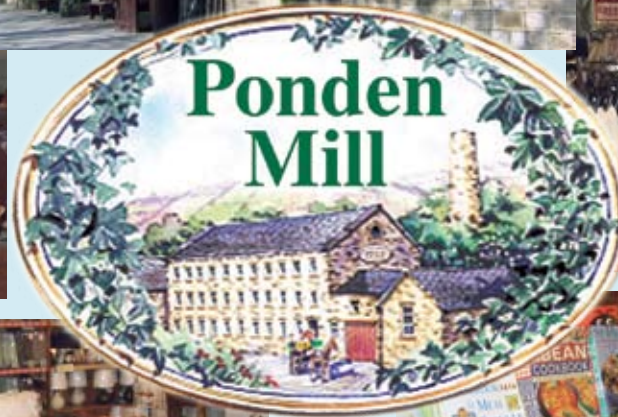
**Mondays, Buy One Meal Get One Meal Free**, ask waitress for details

**Wednesdays, 2 Course Pensioners Meal for £5.50.**

**Fridays, 10% off all Meals, Deserts and Drinks for Pensioners.**

Also **10% off all Linens Floor items for Pensioners Each Wednesday.**

We hope you will rediscover Ponden Mill and be delighted with what you find!





www.a4e.co.uk

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**For further information or an informal discussion  
contact Stuart or Mark**

**On 01535 607063**

**A4e**

**15 Russell Street  
Keighley, BD21 2JU**

**KEIGHLEY**  
TOWN CENTRE ASSOCIATION



To advertise call Karen or Liz on 01535 642227



## WINED & DINED

BY CLAIRE SMITH

Most of us would probably agree that an aroma or flavour holds the power to evoke a memory. For me the smell of roasted garlic

brings to mind evenings spent in a tiny Italian restaurant, the warm, palm scented air oozing with the promise of summer; the smell of baking, wickedly indulgent French pastries enjoyed whilst watching the bustling crowds below from the window of a Parisienne hotel room; the aroma of my mother's home-made soup, the most soothing meal in the culinary universe (the only thing capable of restoring my appetite when I'm under the weather) whatever the season.

Summer breezes are infused with a kind of enchantment; a special kind of nostalgia which drives us to recreate summers past. Some of the best meals are those eaten on holiday or in the garden during lazy summer evenings spent with family and friends.

When I was a little girl my family, along with four neighbouring families, would drive in convoy out into the countryside, baskets piled high with glorious picnic food stowed carefully in each vehicle, until we arrived at our appointed destination, where blankets were spread and the edible treasures unloaded. My father would set up the ancient little camping stove, secure the wine in a deep and shaded part of the stream to chill and the whole day would be spent languishing in the sunshine, paddling and enjoying the scenery, company and

delicious fare provided by each family at these joint summer picnics.

Alfresco dining is a wonderful way to expand the enjoyment of summertime. If you have the space, take the table out into the garden and decorate it with pretty glassware, napkins, flowers and little dishes filled with sugared almonds. Use tealights in attractive containers and scatter them around the garden or hang fairy lights in trees - this is especially appropriate on June 21st, Midsummer's Eve.

Add flower or fruit syrups to champagne to give a special summer twist; one of my favourites is violet; stir a couple of teaspoons of syrup into the champagne and finish by sprinkling with a few crystallised violet petals. The traditional British summer cocktail is of course Pimms. Use 50ml of Pimms No 1 to 225ml lemonade and add the original combination of orange, cucumber, mint, or your own selection of fresh fruit - I prefer the latter.

Whatever you decide keep your summer food menu light and make the most of all the gorgeous soft fruit available at this time of year. Slices of juicy ripe nectarine or peach in sweet crumbly pastry make a sensational summer dessert.

The possibilities are endless, homemade ginger lemonade, drinks cooled with icecubes containing small pieces of chopped fruit and picnic baskets filled with melon wedges, prosciutto, chorizo, olives, cheese, bunches of crisp grapes the colour of rubies and fresh crusty bread. May this be the most magical and memorable family summertime.

Say you saw it in the Worth Valley Mag!



# Belle Isle Day Care Centre

Lindisfarne Care Home, Haworth, is about to embark upon an exciting new development in its provision of care to the local community. Building on the excellence of care already provided by the Residential Home and Extra Care Apartments, Belle Isle Day Care Centre will open on 6<sup>th</sup> June 2007.

The old museum, originally Haworth Cinema, has been converted into an attractive, modern and spacious centre; its bright and cheerful atmosphere mirroring the philosophy upon which the service is based - to provide a stimulating environment to promote healthy and independent living.

The Centre is for anyone who wants to make use of the services and facilities on offer, not just the most needy or those who meet rigid assessment criteria or who are referred by professionals. You can come for a full or half day session and transport can be provided if required.

Belle Isle Day Care Centre is about assisting older people to continue living in their own homes by:-

- Facilitating friendship and social stimulation
- Meeting individual needs
- Improving or maintaining quality of life
- Contributing to rehabilitation

The qualified and professional staff

at the Centre will link in with local GP's, district nurses, Social Services and family to monitor and care for individuals in the community. The service aims to avoid a crisis occurring, which may prevent the need for hospitalisation and/or residential care.

The service wants to offer a positive experience for individuals in the community. Among the facilities and activities planned for the Centre are:-

- Bathing Service (with hoist and safety equipment)
- Hair and Beauty
- Chiropractic
- Displays and talks about healthy living and

eating

- Dietician
- Restaurant Service with in-house chef
- Aromatherapy
- Personal Exercise Regimes
- Physiotherapy
- Organised Activities, eg social events, line dancing, tea dances

The service will develop as it goes along to meet needs and serve the local community and may in future also provide a laundry and home care service.

The staff will be happy to arrange a visit to look round and to discuss individual requirements.



The Hair & Beauty rooms



Sue Cochrane - Quality Manager  
Paula Ogden - Day Care Manager



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For further information or to book a place please call 01535 645206 or 01535 645584

## GARDENER'S TIPS

BY MIKE CUNNINGHAM

### JOBS OF THE MONTH

Midsummer heat waves can give you time to relax and enjoy your garden, but for all its glories, June is a busy month for the gardener. There's always a job to do: growth of plants including weeds is rapid and lawn mowing frequent.

**Roses:** De-bud single flowered hybrid tea roses (remove small side shoots). This helps to promote long stemmed, large bloomed quality roses for cutting and showing. Remove suckers.

**Flowering Plants:** Early flowering perennials that have faded should be cut back to just above ground level. Fork and work in a fertiliser such as Growmore, Sea Gold, Bone Meal or Osmacote etc, into soil before re-planting. Half-hardy annuals such as impatiens, petunias, begonias etc, can be planted out safely as all fear of frost has passed. Pinch out tips of dahlias, chrysanthemums, pinks etc, to encourage bushy plants. Watch out for sap sucking insects and treat with insecticide at first attack (I prefer to use a systemic type).

**Vegetables:** Continue to water and hoe between plants. Earth up potatoes. Nip out broad bean tops as this helps to reduce black fly infestations. Runner beans and outdoor small or bush type tomatoes can be planted.

### Container Plants:

Move all planted up hanging baskets, containers etc, to their final position and turn regularly to encourage an even growth on all sides. You MUST water every day without fail, yes even if it rains.



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## COMPETITION!

Can you identify the building or landmark marked by the red cross in this photograph?

This month's prize is a pottery painting session for 2, donated by

Cobbles and Clay

Email your answer to:

mail@worthvalleymag.co.uk



The winner will be selected from all correct answers received by the 15th of June 2007.

May's winner was Rowena Barnes from Ingrow, the location was the Old Hall in Haworth.

Google Earth ©

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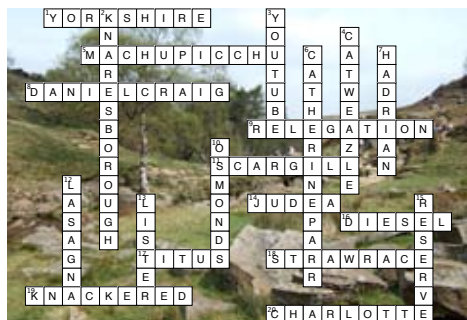
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2	4	8	9	7	1	6	5	3
3	6	7	4	8	5	2	9	1
1	7	4	8	5	6	9	3	2
6	5	3	7	9	2	8	1	4
8	2	9	3	1	4	5	7	6
7	1	5	2	4	8	3	6	9
9	3	2	5	6	7	1	4	8
4	8	6	1	3	9	7	2	5

To advertise call Karen or Liz on 01535 642227



FREE Listing for any non-profit making  
community based activities

### COMMUNITY NOTICES

**Tues 12th June**

**Oakworth Village Society Meeting,**

Holden Hall 7:45pm

**Friday 15th June**

**Charity Evening at Sandal Farm,**

In aid of Manorlands. 7.30pm - 5 Course

Dinner \* Charity Auction / Raffle \* Disco

Tickets £ 22.50 per person available from

Andrew Wood Tel: 01535 640432 or

Sandal Farm Tel: 01274 832241

**Sat 16th June**

The Rotary's **50's/60's Music and**

**Dance Evening** at Cullingworth Village

Hall featuring a live band, tickets cost £8,

details can be obtained from Tony Jeffery,

Tel: 01535 274221 or Pat Clark, Tel:

01535 643792

**Sun 24th June**

**Sponsored Walk, in aid of Sue Ryder**

**Care Manorlands Hospice**

8 miles setting off from the Dog and Gun,

Denholme Road, Oxenhope. 10:30am

For more information ring Jodie Shepherd

on 01535 640430 or email Jodie.

shepherd@suerydercare.org

**Sat 30th June and Sun 1st July**

**Manorlands Hospice garden Trail**

**Cullingworth, Harden and Wilsden**

For more information ring Matthew

Halliday on 01535 640430 or email

matthew.halliday@suerydercare.org

**Sun 1st July**

**Sponsored Walk to the Bronte**

**Waterfalls in aid of Breast Cancer**

**Research.** contact Pam at Oh La La for

more details. 01535 640640

**Sun 1st July**

**Oxenhope Straw Race**

12:00 noon start from Waggon & Horses  
Hebden Bridge Rd.

2.5 mile charity race in fancy dress.

call for more details. 01535 644298

**The Rotary is organising a 20 mile  
sponsored walk in aid of Cystic Fibrosis  
Trust,** and still have some vacancies, so

if you enjoy walking and would like to help

raise money for the Charity why not take

part, details can be obtained from John

Bundock, Tel: 01535 604339 or Gordon

Green, Tel: 01535 646232.

The bi-annual **'Tools for Self Reliance'**

collection in the Worth Valley, organised by

the Rotary, to send unwanted, good quality

hand tools to needy communities, is taking

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